



Diary Dates for August 2013

31 August Produce Show p 17

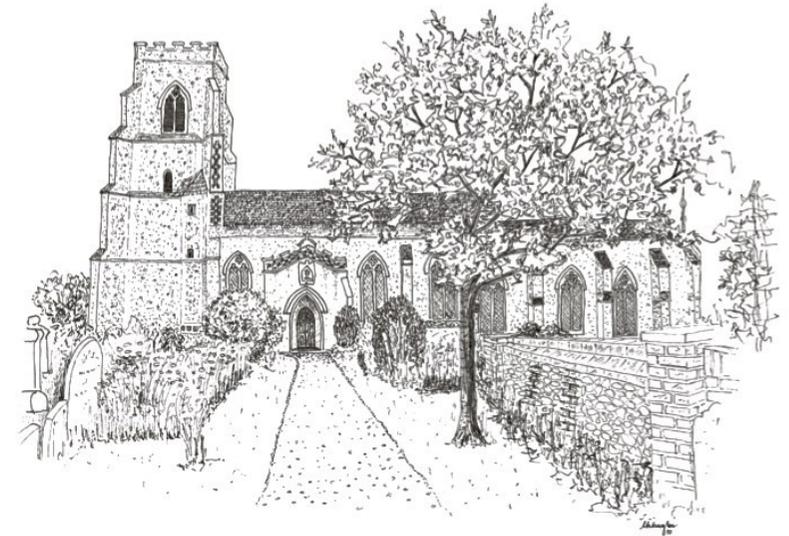
Diary Dates for September 2013

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Diary Dates for October 2013

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Buxhall Broadcast



September 2013

PREHYSTERIC

BY IAN BECK



PREHYSTERIC follows the misadventures of two unlikely dinosaur friends, Marshall and Steve, as they make their way through life in the late Jurassic period, 150 million years ago.

Steve is a mellow stegosaurus, who is content with just being a dinosaur. He likes the simple pleasures in life, like food. Marshall is an excitable and eccentric marshosaurus who, frustrated by his mundane existence, dreams of unlocking the secrets of the universe using science. They don't always get along as things inevitably go haywire, but they are the best of friends.

Ian Beck

Help!!

We are always on the look-out for volunteers to help with jobs around the church. Normally you will only have to do a job 3 or 4 times a year under the rota system (unless you'd like to do it more often!). We have rotas for the following:

Key—opening and locking up of the church daily for a week at a time

Grass-cutting—cutting half of the churchyard every eight weeks or so in the summer months

Cleaning—with a friend! Every 10 weeks or so, twice in a fortnight

Flowers—twice in a fortnight, every two months and for festivals, if you like

Coffee—Every couple of months, can be done with someone else

Please contact Lesley at lesleyann.steed@btinternet.com or on 737991 if you are able to help—thank you!!

From Rectory Bungalow: September

What a summer it is proving to be! Fairly extreme heat—for England at least—followed by heavy rain or its threat. Fortunately the big weather dependant events on our villages – Open Gardens at Finborough, Buxhall and Shelland Church Fete and OHS fete- were not too adversely affected – though the final of the tennis at Wimbledon did reduce Open Gardens attendance somewhat. All good community events and we have many people to thank – not only for the doing but also for the thinking and reflecting on lessons learnt, and prayer!

In Church we are working through Luke's Gospel at the moment. The Good Samaritan (Luke 10.25-37) tells us that we need to 'do' but then the Martha and Mary story(10.38-42) reminds us not to spend a life just doing and doing and doing what we have always done because we don't know when to stop or what else to do. The other side of doing – of following Mary rather than Martha - is prayer and reflection (11.1-13). Then Luke 12.13 -21 reminds us of balance between looking after ourselves and our finances and property and looking to what God calls us to do or to be or to say. A good run of teaching if ever there was one...

And so for our lives – and that of our community and nation... The Church of England prays and reflects on what is happening and speaks out in the hope of improving a situation to bring closer the Kingdom of God. Archbishop Justin's comments about Payday loan companies have undoubtedly struck a chord. Occasionally our churches get it right with something that needs to be done . The Lunch Club was such an occasion 16 years ago and they would welcome more lunchers. So was the Wednesday Morning Coffee Morning at Onehouse which now attracts several retailers—perhaps Finborough's Monthly Coffee Morning in aid of Charities (see notice) will do the same? The Men's Breakfast is booming –with 21 last Saturday. All were born out of reflection and careful consideration then doing. A large and enthusiastic group from Buxhall church is shortly to meet with the Diocesan Director of Mission to consider the future of the church there following on from its 'health check meeting'.

And in our personal lives? Does the *other New Year* - September cause you to rethink any part of your life – that may take you closer to the person you are meant to be? Do you feel the need to pray or reflect as much as to do? Both are critical for life – and probably the former has more importance.

Chris

Evelyn Fisher

On 9 July, aged 94, Evelyn Fisher lost her 3 year battle against old age.

A founder member of Buxhall WI, she was ever enthusiastic and supportive of the Institute, always at the piano to play Jerusalem at the start of the meeting and The Queen at the end. Her abilities and interests were considerable, ranging from all aspects of baking to wine making (all at which she excelled, carrying off most of the trophies at the Flower and Produce Show). Her great pride was as a qualified NFWI judge and together with Philip, her husband, she travelled throughout the county and beyond in this capacity.

Although the WI filled a large part of her life, Evelyn also had the village very much at heart, running the Guides, Brownies and Youth Club for many years and sitting on the Parish Council, the Village Hall Committee and the Community Council, taking office on them all. She worked tirelessly to obtain grants for the Village Hall renovations and for Buxhall's unique village sign, designed and crafted by our local blacksmith Graham Chaplin and initiated by Buxhall WI.

Evelyn organised many outings over the years – annual village trips and further afield to the Houses of Parliament, Clarence House, the Royal Mews and Buckingham Palace. She would invariably telephone that auspicious residence to make some special arrangement but on arrival, has been known to abandon her charges and wander off with Philip to explore the treasures of the Palace and purchase many look-alikes in memory. All these trips were greatly enjoyed and appreciated. Being extremely competitive, the WI village Produce Show and Inter-Village Shows were entered into each year. With the help of many others, Buxhall won the Tollemache Cup at the inter-village shows several times – a great source of pride and a great achievement.

Evelyn will undoubtedly be long remembered.

Jill Reed



Buxhall Women's Institute

Wednesday's meeting in the month of June was held in a marquee on Buxhall's playing field. Humid with black clouds looming all around, did it dampen our spirits??? Never! WI Committee, undeterred as ever came up with the goods, ensuring that our members enjoyed our annual 'Garden Party' as much as ever. A scrumptious array of savoury and sweets were there for the taking, all made by WI Committee members of course (at this point I must mention the outstanding beetroot - without vinegar!) and someone's delicious quiche, which ended up in a crumpled state after being dropped in the car park... ah well, there were plenty more at hand.

Chequered tablecloths complete with fresh flowers covering the tables made the marquee look cosy and inviting in spite of unpredictable weather threatening outside. Good wine and food enjoyed, one of our members had a game planned... 'Deal or No Deal' and yes, the same as the Noel Edmonds' show on the telly. Those who took part threw themselves into it wholeheartedly - we even had a banker who regularly appeared in person when the phone lines were down!! and as for our very own Noel Edmonds - congratulations on your brilliant control of the game. As for those that didn't have a clue as to how the game worked - they enjoyed a good old natter over a glass of wine.

A lovely, lovely evening enjoyed by us all.

Our monthly walk took us over beautiful countryside in Chelsworth. Sharing a field with a herd of bullocks that insisted on going our way and became a little too close for comfort wasn't quite what we planned, but, nevertheless, we survived to enjoy a splendid pub meal at 'The Peacock'.

Members who entered the WI Suffolk Show Categories excelled themselves, achieving excellent marks and comments from the judges. They can now relax... until next year! A huge well done to them.

July's report on p 7...

St Andrew's Church, Finborough

It is likely that after a wait of 40 years the church will be redecorated in September or October. This will necessitate a closure of up to a month. Services are likely to be transferred to the Pettward Hall, subject to its availability, when the dates are known. We will do our best to inform you. Rev Chris

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Harvest Supper—Onehouse

Friday 27th September 7pm

Church Room, Onehouse

Adults: £10 Children under 16: £5

Suffolk Ham, Haddock Kedgeree, Vegetarian Quiche,
Children's option: Chicken Goujons
All served with salad & boiled potatoes

There will be a selection of delicious desserts

Please bring your own drink

Tickets from Gloria (676198) or Derek (613328).

Charisma Hair

Proprietor: Charis Ward, NXT Colour Educator for East Anglia

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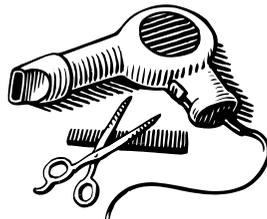
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Other colour and perm prices on request

King Charles the Martyr, Shelland

Invite you to

Harvest Afternoon Tea

At Reed Farm Barn, Onehouse

(by kind invitation of Mr & Mrs John Kendall)

At 4.30 pm

On Sunday 22 September 2013

Please also join us for **Harvest Songs of Praise** in Shelland Church at 3 pm

Tickets £6 (Children under 8 years £3)

Available from: John Jewers 736382

Rosemary Roe 736591

John Kendall 736264



Church Fête - Refreshments

Many, many thanks to all of you who so generously donated your delicious homemade cakes, biscuits and savouries to the Tea Tent at the Fête on Saturday August 3rd.

Some of our visitors obviously decided a cup of tea was their absolute priority on arrival and we were busy from the start. The team rapidly swung into action and carried on non-stop until the close. Everything donated was sold, and helped us raise a record amount of money for our churches.

We are very grateful to all to those who helped us set everything up beforehand and to the wonderful team who worked so hard on the day to keep the hot water flowing, make and serve the drinks, serve cakes, take the cash, wash up, clear tables, etc. etc.

And of course, thanks to all our customers who supported us on the day!

Thanks to you all

Chris & Liz

P.S If anyone is missing a tin, I do have a rather nice chocolate cup cake tin and an open biscuit tin looking for their owners. Give me a ring on 01449 737163. Chris



Fun Quiz Night—Buxhall Village Hall

Saturday 26 October at 7.30 pm

Teams of up to 6 people, £3 per person

Grand Draw

Please bring your own drinks, glasses and nibbles. To book your team please ring Mim or Keith on 736598, Categories are back by popular demand.

So come and have fun!

theWI INSPIRING WOMEN

On an evening of the one of the hottest days of the year, Buxhall WI met in the village hall to hear our speaker, Jeanette Baldry. Fanning ourselves, doors and windows thrown open, the meeting proceeded (Oh it was HOT!). After WI business, correspondence and discussion, Jeanette enlightened us on the newly refurbished Abbot's Hall in Stowmarket and its history, going back to the 17th century with the actual house falling into several different hands before finally the Longe family, who owned it up to 1997, bequeathed it to the East Anglian Museum of Life. Jeanette took us through the path of time with amazing knowledge of past residents backed up with old newspaper cuttings and relevant snippets of information relating to the Hall and Stowmarket. All very interesting stuff! Abbot's Hall and its gardens are certainly worth a look and thanks were given to Jeanette for an interesting insight.

How sorry we were to learn of the death of a founder member, Evelyn Fisher, who died at the age of 94. She will be remembered by many.

The 'ramblers' amongst us enjoyed yet another wonderful countryside ramble this time in Felsham, ending up at The Six Bells and a good meal of course! Buxhall WI meets in the Village Hall on the third Wednesday of the month, 7 for 7.30 pm - see you there!

Sue Croft

“Voices Together”

*Enjoy an evening of easy listening music with
Songs from the Shows*



Friday, 4 October 2013 in the Community Centre
7.30 pm

Tickets £6 (including refreshments)

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Katie Ellis (736430)

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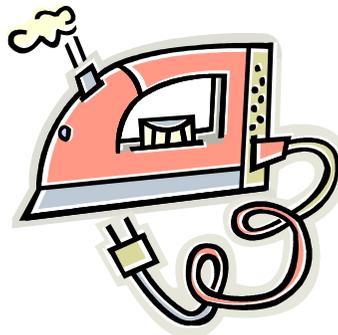
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bonnyvomextertal@yahoo.de



Suffolk Police Community Safety Unit

Sky card scam

Police are advising home owners to be aware of cold callers operating a scam involving refunds on Sky cards

One resident in Cumbria alerted police after receiving a cold call from fraudsters purporting to be from Sky. The scammers told the home owner their Sky card was due to expire soon and an overpayment was on their account which needed to be refunded.

The scammers asked for bank details in order to issue the refund. The following day a Barclay's card reader arrived in the post and a further telephone call was received.

Again, bank details were requested, along with PIN numbers. The victim became suspicious and did not provide any further details. No refunds were received and Sky have confirmed that they would never contact a customer asking for these details.

Fraudsters move and change the geographical areas they operate in; all UK residents should also be aware about this type of scam and follow this advice:

- never give out your bank, credit card details or PIN number in any circumstances
- legitimate businesses will never ask you to disclose personal information
- If you receive a suspicious call end it immediately and report it to Action Fraud.

To report a fraud and receive a police crime reference number, call Action Fraud on 0300 123 2040

Buxhall Community Council are holding a tombola stall at the

Produce Show

Saturday 31 August 3 pm at Buxhall Village Hall

Donations of suitable prizes are needed, so if you have any unwanted gifts, chocolates, toiletries, etc, we'd be more than happy to collect them

Please contact Julie (737929) or Val (737113) to arrange collection or delivery—**Thank you for your support in advance!**

Buxhall & Shelland Church Fête

Saturday, 3rd August 2013

The first visitors' cars began to arrive at Copinger Hall a little after 1pm. Shortly after the official opening of the Fête all four car parks were full, bearing witness to the steadily growing popularity of the event. Altogether, an estimated 1,000 visitors and residents flocked to Buxhall to enjoy the blend of traditional and contemporary stalls and attractions which give the Buxhall and Shelland Fête its special appeal.

The afternoon programme, evolved from 2012, maintained a clear focus on families, introducing new attractions like Terrier Racing alongside established favourites such as the Classic Car Parade and offering an expanded range of refreshments and a very strong Childrens' Area featuring a wide variety of things to see and do.

In the evening, the Barn Dance and Hog Roast proved to be a sell out attraction, and from the many comments received created a much enjoyed finale to the day.

Overall the takings increased to a record level. More importantly the Fête showed once again that thanks to the sustained efforts of a small dedicated team over months of planning, the hard work of many more in the run up and on the day itself, the spirit of community in our two villages is alive and well.

Throughout the afternoon and evening, the happiness on the faces of the children and adults alike, said it all.

The Church Fête is a major event in our calendar, so a big thank you from the team to everyone who came to support it, contributed to it in any way, and made it such a success.

Launched: A new voice for communities in Suffolk

Healthwatch Suffolk is local voices influencing and shaping local health and social care services. It finds out what you think about your services and then uses those views to shape and improve them because the best services are built around the needs and experiences of the people that use them. It will also provide information and signposting to help you navigate the health and social care system and understand what to do when things go wrong.

As a powerful and independent consumer champion, Healthwatch Suffolk has the strength of the law and the national influence of Healthwatch England behind it. It has a number of powers that make it an effective champion of your views. Providers and commissioners of care must respond to its concerns explaining what action they will take, or why they are not taking action.

How can you be involved?

You can become a member for free and receive the newsletter. Most importantly however you can tell Healthwatch Suffolk about your experiences of health and social care services so that it can challenge them where necessary or encourage continued good service. It is independent of the NHS and Suffolk County Council which means you can have confidence and be honest when sharing your views. You do not have to be a member to comment.

Healthwatch Suffolk has been given the role to listen and the power to significantly influence change within the health and social care system. It gets your voice heard where it matters; where decisions are made. To find out more and have your say now you can contact the team on 01449 703949, follow Healthwatch Suffolk on Twitter (@hwsuffolk), visit www.healthwatchesuffolk.co.uk or send an email to info@healthwatchesuffolk.co.uk.

A reminder

A reminder that bonfires should not be lit until after 6.00 pm as a matter of being a good neighbour, especially as people are taking advantage of the good weather during the day to do laundry. They want to get their washing dry and NOT smoke dried!

Thank you for your consideration.



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See our web site for our up to date menu



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East Anglian Air Ambulance

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Derek Ames

Harvest Festivals

You are encouraged to join in any of the services or events in our parishes. Children are welcome. This year our services are as follows:

Onehouse

- 15 September, Onehouse Church: 11 am—Service
- 27 September, Church Room: 7 pm—Harvest Supper (details p 31)

Buxhall

- 15 September, Buxhall Church: 3 pm—we welcome Richard Stainer who will speak on Fairtrade. The service will be followed by tea and the usual Auction in aid of WaterAid

Great Finborough

- 22 September, Great Finborough Church: 11 am—service followed by Bring and Share Lunch

Harleston

- 29 September, Harleston Church: 10.30 am—Service in aid of Tools with a Mission

Shelland

- 22 September, Shelland Church: 3pm followed by Tea at Reed Farm (details p 31). We welcome our neighbour The Revd Ruth Farrell, Rector of Woolpit, as our preacher.

Any questions please telephone me on 736093.

Chris



Keep the date... Saturday 12 October, 7 pm

Parish Autumn Supper with an Italian theme

Pettward Hall—Full details and menu next month

LITTLE HANDS TODDLER GROUP

Telephone: 07708 362697
Registered Charity Number: 079987



TERM TIME FRIDAY MORNINGS

9.15 am - 11.00 am

For children aged 0 - 3 yrs -
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Play, Craft, and Laughter



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First Session Free - you will soon feel very welcome!
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For further details, please contact
Delia Prior (pre-school leader) on
Mobile 07513 140072

Stowmarket Foodbank

The purpose of the Stowmarket Foodbank is to provide emergency food parcels to individuals and families from Stowmarket and the surrounding areas who are in crisis. It is run in conjunction with other churches in the area, through Stowmarket Churches Together.

The Foodbank works with local organisations to identify individuals and families who can benefit from their services (this also helps reduce fraud).

Generally 1 or 3-day emergency food parcels are provided, containing dried and canned goods, plus tea and personal hygiene products.

St Mary's congregation are pleased to be supporting the Foodbank. Shelland and Onehouse churches have been supporting it since the venture began. A box for donations is available at all our services, but if you would like to make a donation in between services, please contact me (736093) or the Churchwardens (737991 or 737867).

These are the items most needed:



Milk (UHT or powdered)	Tea Bags/instant coffee
Granulated sugar	Instant mash potato
Fruit juice (carton)	Rice/pasta
Soup	Tinned meat/fish
Pasta sauces	Tinned fruit
Sponge pudding (tinned)	Jam
Tomatoes (tinned)	Biscuits or snack bar
Rice pudding (tinned)	Breakfast cereal
Bottled squash	Toothpaste
Tinned custard	Sanitary products
Tinned spaghetti/baked beans	Toiletries including loo rolls (4)

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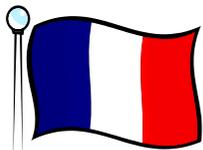
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Great Finborough and District Garden Club

The traditional summer holiday for the Garden Club, when we sit back and admire the fruits of our labours and hopefully harvest and enjoy them too, is passing all too quickly and it is time to report on the events of the summer and look forward to the season of autumn meetings.

The club hosted Open Gardens on a beautiful day on 7 July. We had fewer visitors than last year, not unexpected given the heat and that a certain Scot was playing in the Wimbledon final, but together with the proceeds from the plant stall, tombola, teas, and donations we were able to give the grand sum of £1000 to the Pettward Hall management committee to help with funds for further improvements to the hall.

The club is tremendously grateful to everyone who opened their gardens, helped out on the day or just supported our endeavours. The preview evening BBQ "On the President's Lawn" for those who volunteered to open their gardens was very well supported and thoroughly enjoyed by all.

The major social occasion of the gardening year was held on 25 July and saw most of the club's membership and their guests invade Pat and Peter Turner's garden at the Little House to celebrate another successful year with the annual club BBQ. The club marquee was required only as a sunshade and the evening reflected the sociable spirit of the Club with the horticultural aspects covered by admiration of Pat and Peter's garden, especially the splendid crop of tomatoes, along with some green eyes from those of us whose growing season has not been as successful on the vegetable front. Thank you both, your kindness in allowing us to use your lovely garden for this occasion is much appreciated by us all. I am sure that the members would also wish me to express our thanks to the team of cooks, John, Ian and Peter, who produced the BBQ, and thanks also each of our members for all their delicious contributions to the salad and dessert tables.

The first event in the new Garden Club year is a talk given by Tom Toster on the subject of "Unusual vegetables", this may give us all the stimulus to try some different varieties next year. This will take place on 12 September at 7.30 pm in the Upper Room of the Pettward Hall.

Finally, if you are interested in joining the garden club or would like to join us for any event you will be very welcome. Meetings are held on the second Thursday of the month, membership is only £12.50 per household per year and there is a charge of £2 for guest attendance at any single meeting. For further information contact either: John Davey on 674401 or john@abbeyclassics.co.uk or Judith Cameron on 672978 or judyandian@btinternet.com.

Hello everyone...

There are no crimes of note to report over the last two months.

What's been happening in other areas in the last month...

Drinkstone burglary: whilst occupiers were away on holiday a rear patio door window was smashed, followed by an untidy search of the house. Jewellery and small electrical items were stolen.

Rougham barn burglary: a barn door was forced and items stolen, including a Honda generator, Mig Welder, battery charger, a green Claude Butler bike, two compressors and a tractor battery.

Stowmarket Police are issuing a photo of some medals which were found by the roadside in Bacton in the hope that they can be reunited with their owner. Five medals on ribbons and all secured on a pin were found on 10 April 2013 in Rectory Road, Bacton (opposite the bowls club) and handed in to police.

Various checks to try and locate the owner of the medals or to see if any have been reported as missing or stolen have been made to no avail. The medals include:

- South African Medal from 1901 belonging to PTE 6773 or 8773 of the Imperial Yeomanry
- 1939 Defence Medal
- 1953 Queen Elizabeth
- 1945 Territorial Medal
- 1939 to 1945 King George Medal.

If you believe the medals are yours, or you know who they could belong to, please contact Stowmarket Police front desk on **101**. To view pictures go to the Suffolk Constabulary website and look under News and events.

Pc 421 Annelly Miles & PCSO 3272 Colette Denny

Elmswell Police Office, Elmswell Fire Station, School Road, Elmswell, IP30 9EE

Tel no: **101**. Email: Midsuffsouth.Snt@suffolk.pnn.police.uk

Haughley Hoofers - Ladies' North West Clog Dancers

On Sunday 15 September 2013 we begin our new practice season in Haughley Village Hall, at 7 pm. Please come along and join us.

The practices last till 9 pm after which we have a short meeting to discuss our diary events.

We find the practices a good way to keep fit during the Winter. In the Summer we dance out in kit at a variety of events, weekends of dance, fetes, WI's, festivals etc. To hear more about what we have been up to this year please go to our website www.haughleyhoofers.org.uk

We have three melodeon musicians and one drummer but if you play an instrument which you think will enrich our musical harmony please come along.

For even more details email: secretary@haughleyhoofers.org.uk or ring Wendy or Simon on 01449 675192

A NEW Venture for Finborough

With the generous support of Angela at the Chestnut Horse the Church is beginning a monthly Coffee Morning there every **2nd Tuesday from 9.30—11.30 am** in aid of various charities. All are welcome to this community event. The first is on Tuesday 10 September in aid of Macmillan Cancer Support. Cakes and produce are welcome and there will be a Draw. Please join us to support this wonderful cause – wherever you live. Any queries or offers: Sadie (612397), Irene (616865), Rev Chris (736093)

Sponsored bicycle ride

The Historic Church Bicycle Ride takes place this year on Saturday 14 September. Visit as many churches as you like – this is your opportunity to see some of the lovely places of worship in the surrounding area. If the weather is kind it can be a fun day for all the family – the sponsorship forms will be in St Mary's nearer the time. Remember that you may have a lift to your furthest destination if you wish and that half of the money you raise goes to the Trust and the other half to the church of your choice – hopefully St Mary's Buxhall. If you prefer not to pedal you can be sponsored for being on duty in the church, greeting the bicyclists, offering them a drink and signing their forms. For all further details contact Lavinia on 01449 736297.



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Saturday 7.30 am to 12.30 pm

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Adult Education Courses – Autumn Term

Term Starts week commencing 23 September

Gipping Valley Centre, Stowmarket

Mon – French for Beginners, 7pm – 8.30pm (10wks)

Tue – Spanish Year 2, 7pm – 8.30pm (10wks)

Hillside Community Centre, Stowmarket

Thu – Sugarcraft, 7pm – 9pm (8wks)

Fri – Watercolour Painting, 10am – 12pm (10wks)

Red Gables Resource Centre, Stowmarket

Mon – Beginners Cake Decorating, 7pm – 9pm (8wks)

Tue – Italian Intermediate, 10am – 11.30am (10wks)

Sat – Christmas Cupcakes & Teatime Treats, 10am – 3.30pm (1wk)

Sat – Indian Head Massage, 10am – 1pm, (1wk)

Stowmarket High School

Tue – Creative Writing, 7pm – 9pm (8wks)

Tue – Psychology: Improve your Lifestyle, 7pm – 9pm (5wks)

Tue – Learn to Draw, 7pm – 9pm (8wks)

Tue – Couture Dressmaking & Millinery, 7.30pm – 9.30pm (10wks)

Tue – German for Beginners, 7pm – 8.30pm (10wks)

Tue – Spanish for Beginners, 7pm – 8.30pm (10wks)

Wed – Italian for Beginners, 7pm – 8.30pm (10wks)

Wed – Book Keeping & Accounts Level 1, 6.30pm – 8.30pm (15wks)

Stowmarket Learning Centre

Tue – Creative Jewellery Making, 12.45pm – 2.45pm (5wks)

Wed – Computing for Absolute Beginners Step 1, 1pm – 3pm (5wks)

Wed – Computing for Absolute Beginners Step 2, 1pm – 3pm (5wks)

Wed – Digital Photography Beginners, 6.30pm – 8.30pm (5wks)

Wed – Photoshop Beginners, 6.30pm – 8.30pm (5wks)

Thu – Computerised Accounts (Sage), 6.30pm – 8.30pm (15wks)

Fri – Book Keeping & Accounts Level 1, 9.30am- 11.30am (15wks)

Sat – Introduction to Neurolinguistic Programming, 10am – 3.30pm (1wk)

Sat – Mini Manicure, 10am – 1pm, (1wk)

Free Maths & English Functional Skills & GCSE courses

Gain a qualification and improve your everyday Maths and English skills.

Find out about fees & enrolling on courses by visiting:

West Suffolk College in Stowmarket

10a Wilkes Way, Stowmarket, IP14 1DE

T: 01449 613903 E: Stowmarket@wsc.ac.uk W: www.westsuffolk.ac.uk

Flu Clinics

Stowhealth is planning its flu campaign and we would like you to make the most of this opportunity if you are one of our **eligible** patients. If you are not eligible there will be competitively priced private flu vaccinations available. **To see if you are eligible please visit our website www.stowhealth.com**

Influenza is an unpleasant viral illness that cannot be treated with antibiotics. The vaccination really does make a difference and the more of us within the community who are vaccinated, the less likely we are to be troubled by the unpleasant symptoms associated with this illness. If you catch influenza you can expect to feel really unwell for 5-7 days with several weeks of fatigue. Severe complications are rare, but they still do occur.

The vaccines are very safe and the Stowhealth Team would strongly encourage you to come to our walk-in clinics on Saturday 5 October, Saturday 19 October and Saturday 9 November (no appointment is required). These clinics will run from 8.30 am to 12.30 pm.

All children aged 2 and 3 are now eligible, but *will* require an appointment, as will children aged between 6 months and 13 years old who are in the "At Risk" group.

Please telephone 01449 776000 to make an appointment.

Further details can be found on our website: www.stowhealth.com

The role of a Regulator ... KFC and all that!!

Do you know ...

... which advertisement has prompted the most complaints of all time?

... what's the benchmark for 'average' exam results?!

... where press regulation goes from here?

Start your day with a stimulating, informative, interesting and occasionally amusing presentation by Neil Watts at the next Men's Breakfast on Saturday 19th October in the Church Room, Onehouse. At the same time, enjoy a choice of continental or freshly cooked traditional breakfast.

8am start, finish by 9.30am

Please book places with Derek Ames (Tel. 613328)

Suffolk Police Community Safety Unit

FREE Electric Blanket Testing in Suffolk

Have you had your electric blanket tested recently? Want to make sure the electric blanket you're using is safe? Do you have a relative who uses an electric blanket during the winter period? Suffolk Trading Standards along with Suffolk Fire and Rescue Service Prevention Team are offering you the chance to have your electric blanket tested free of charge throughout September and October 2013. Testing locations and dates are:

Bury St Edmunds – 24 Sept

Kessingland – 25 Sept

Needham Market – 26 Sept

Woodbridge – 3 Oct

Ipswich – 4 Oct



If you are unable to attend an appointment at one of the above testing locations, you can drop off and then collect your electric blanket at other locations - for more information click on the following link <http://suffolktradingstandards.wordpress.com/tag/electric-blanket/>

Telephone Suffolk Fire and Rescue Service on 01473 260588 to book your appointment now!

Doreen and Julie are hosting a coffee morning for Macmillan at Buxhall Village hall.

21 September 2013

10am till 12pm

Games, raffle, stalls, manicures and cake!

All welcome to come and support this wonderful charity.

Donations of cakes and raffle prizes are gratefully received at 16 or 17 Brettenham Road.

Call Julie on 01449 736185 for more info or with offers of help.

Thank you.



Buxhall Parish Council: July Meeting

Planning - The Parish Council are statutory consultees on planning applications in the parish which means they are expected to consider applications, take on board any resident's comments and formulate a response to Mid Suffolk District Council based on relevant material planning considerations. The planning officer then hopefully takes these comments into consideration when determining the MSDC's final decision. This month consideration was given to:

Application no. 1544/13 Change of use of land to allow the siting of five camping pods and one toilet pod for holiday use. Creation of car parking area, access roads and footpath. Installation of sewage treatment plant at Oaklands, Rattlesden Road. The parish council received no representation from residents and agreed to return a NO OBJECTION response.

Application no. 1922/13 Demolition of existing side flat roof extension and rear conservatory. Erection of a two storey side extension and conservatory, 5 Edmunds Road. Again no comments or concerns were expressed by residents, councillors agreed to return a NO OBJECTION response.

Application no. 0377/13 Use of land to facilitate functions associated with existing restaurant use and provision of ancillary outside dining area and **0378/13** Construction of tennis court, both at Buxhall Vale, Purple Hill. Mid Suffolk District Council have GRANTED both applications.

You can look at all pending planning applications online: search for Buxhall at www.planningpages.midsuffolk.gov.uk/online-applications and follow the prompts.

Housing Needs Survey At the recent Annual Parish meeting concerns were raised about the lack of affordable housing in the village. Councillors wish to establish whether there is a clear desire for local people to stay in Buxhall. Private rentals are sometime out of reach for people wanting to stay close to their families in a rural parish and it may be that we need to provide homes that ordinary families can afford. MSDC and the Rural Housing Enabling service at Community Action Suffolk (previously Suffolk ACRE) are able to help parish councils commission a Local Housing Needs Survey. There are some costs but by using CAS we can ensure complete confidentiality of replies and professional analysis of the results to establish whether we need to take forward an affordable housing scheme. Sunila Osbourne, a rural housing enabler from CAS, is coming to the next parish council meeting to talk through the first step of the process, the Housing Needs Survey, to see if we have a local need for affordable housing. Please come along if you have an interest. The next meeting is at 7.30 pm on Monday 16th September 2013. All residents are welcome to join us.

Paula Gladwell, Tel: 01449 737942 Email: buxhallpc@live.co.uk

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Buxhall Community Council

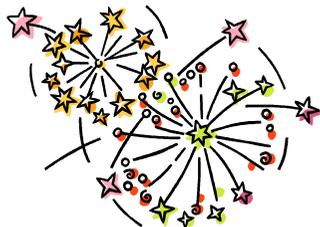
Volunteers needed to help with the
Firework display on

Saturday 2 November 2013

If able to help, please contact Graham on

01449 737113 or 07860 618903

Many thanks!



News from your councillor – John Matthissen

Chilton Leys development

The long-intended expansion of Stowmarket into the fields known as Chilton Leys is now moving forward more quickly. Following the exhibition last November at the Rugby Club, the developer Taylor Wimpey has been in detailed discussion with planners at Mid Suffolk.

The draft design brief should be published for public consultation around September 10th, it will be available on the MSDC web site, and I have created a conveniently short link - <http://tinyurl.com/Chilton-Leys>

The document should also be available to view in the Stowmarket Library, at the council offices in Needham, and by arrangement with the Onehouse parish clerk.

Taylor Wimpey hope the first phase of 200 homes, plus an employment site near the A14, will be started in Spring 2014. This phase will also include landscape planting around the entire Chilton Leys site.

Hedges and verges

If you own land bordering the roads or pavements, please ensure these are cut back to allow pedestrians, cyclists and cars adequate width to travel. This applies equally to householders and farmers. At times I find myself cycling near the middle of the road to avoid protruding and over-hanging growth, and I have had many representations from local people. It seems we can no longer rely on Suffolk County Council to maintain them.

Village Fairs

I was pleased to be able to get to both the Onehouse and Buxhall fairs this year, and very enjoyable they were; thanks are due to the people who put in all the hard work running them.

To get in touch: call 771742, email: john.matthissen@midsuffolk.gov.uk or write to 3 Wash Lane Corner, Great Finborough, IP14 3BJ



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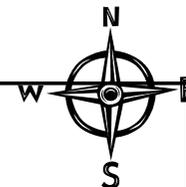
31 AUGUST 3-5 PM



Onehouse amblers R

The next walk will be on **Sunday 29 September**, a circular walk of about 4 miles around Hadleigh. Meet in the Church Room car park at 2.30pm and then drive to Hadleigh.

Derek Ames (Tel. 613328)



Great Finborough and Buxhall Garage Trail

Back by popular demand, Great Finborough and Buxhall under 5's are holding their 5th bi-annual garage trail. This will be on Sunday 15 September, 9.30 am till 1.00 pm. Cost is £5 per address. As usual maps will be sold on the day to show all addresses taking part. To book a garage please call Mari on 07936 827126 or Delia on 07513 140072 or email on deila.prior@btinternet.com (please note you need to spell my name wrong) and mark 'Garage Trail'. Look forward to seeing many of you on the day.

Pilates Classes in Drinkstone

Do you suffer from back pain, have shoulder, neck, knee or hip issues or just want to be more flexible and toned?

Body Control Pilates Instructor

Small classes, a maximum of 7 clients per class, remedial based exercises.

For further information regarding Pilates and testimonials please look at www.midsuffolkpilates.com

Or call Claire Day on 07803 615 444

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From The Registers



Cremation

West Suffolk Crematorium

Peter Cammell, aged 81 (Onehouse)

Funerals and Burials

St Mary's, Buxhall

Hope Adelaide Wilcock, aged 7 hours

22 June 2013

Evelyn Louie Fisher, aged 94

25 July 2013

Baptisms

St Andrew's, Great Finborough

Edward William Warner, aged 5

7 July 2013

Stanley John Warner, aged 8

7 July 2013

Kason Jake Hawes, aged 8 months

28 July 2013

St Mary's, Buxhall

James Rory Edwin Kendall, aged 1

22 June 2013

Isabella Louise Miller, aged 4 months

23 July 2013

St John the Baptist, Onehouse

Alan Charles Betts, over 21

20 July 2013

Marriages

St Augustine's, Harleston

Darren Nicholas Laffan and Sarah Jane Hayward

29 June 2013

St Mary's, Buxhall

James William Harris and Rachel Marie Markham

27 July 2013

Blessing

St Andrew's, Great Finborough

Bee Hwa and Chun Kitt

26 July 2013

St John's Table Tennis

Thursdays 7.30 – 9.30pm in the Church Room, Onehouse

12 & 26 September • 10, 24 & 31 October

14 & 28 November • 12 December

£2 /session including refreshments



We look forward to welcoming new players, as well as returning 'old' players.

Derek Ames (Tel. 613328)