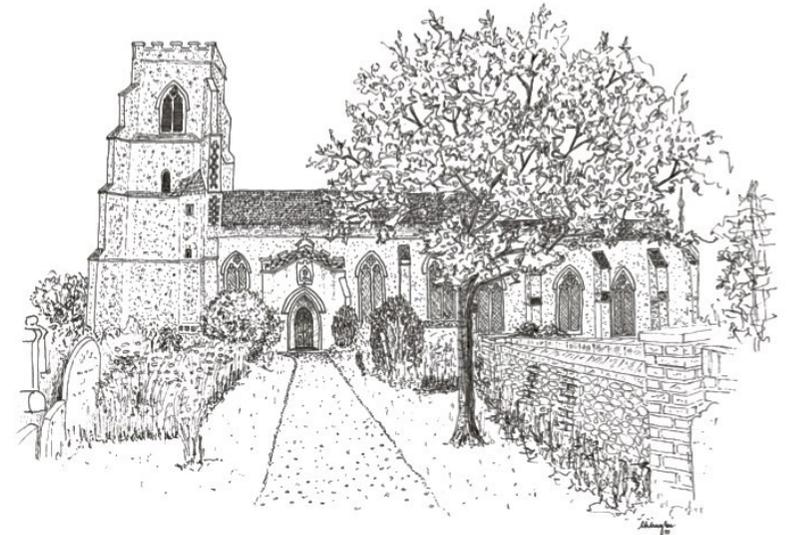


## Diary Dates for May 2013

1	Prayer Group, Rectory Bungalow	p 11
2		
4		
5	Fairtrade Stall, St Mary's Church, Buxhall	p 35
7		
8	Skylarks Open Meeting, Rectory Bungalow	p 13
9	Great Finborough & District Gardening Club, Petteward Hall	p 27
10		
11	Start of Suffolk Walking Festival (till 2 June )	p 22
11	Music Night, Petteward Hall	p 26
13		
14	Skylarks Children's Club, Onehouse Church Room	p 13
14	Shelland Parish Meeting, New Farm, Shelland	p 21
15	Buxhall WI, Buxhall Village Hall	p 5
<b>15</b>	<b>Buxhall Broadcast Deadline for June issue</b>	<b>p 4</b>
16		
18	Concert Night, St Andrew's Church, Finborough	p 17
18	Flower Festival, Onehouse Church	p 15
19	Flower Festival, Onehouse Church	p 15
20	Annual Parish Meeting, Buxhall Village Hall	p 10
21	Candlestick Club, Mystery Tour	p 19
22		
24		
25	Closing date for Little Ernie applications	p 25
26	Open Garden, Green Farmhouse, Shelland	p 14
26	Onehouse Ramblers	p 32
27		
28	Lunch Club, Buxhall Village Hall Jill (737814)	
29		
30		
31		

# Buxhall Broadcast



May 2013

## CHURCH SERVICES IN THE BENEFICE FOR MAY 2013

**Priest in Charge:** The Revd Chris Childs, Rectory Bungalow, Buxhall IP14 3DJ  
**01449 736093**

### 5 May: Easter 6

*Ezekiel 37.1-14; Acts 16.9-15; John 14.23-29*

9.30 am	Sung Eucharist	<i>Chris</i>	Buxhall
9.30 am	Reflective Morning Prayer	<i>Ray</i>	Shelland
10 am	George Ward Memorial Service	<i>Arlene</i>	Onehouse Church
11 am	Family Worship with baptism	<i>Chris</i>	Finborough
11 am	Matins		Harleston

### 9 May: Ascension Day

*Daniel 7.9-14; Ephesians 1.15-end; Luke 24.44-end*

2 pm	Holy Communion with Primary School	<i>Chris</i>	Finborough
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### 12 May: Easter 7

*Ezekiel 36.24-28; Acts 16.16-34; John 17.20 - end*

9.30 am	Matins	<i>Derek</i>	Shelland
9.30 am	Holy Communion (shortened)	<i>Chris</i>	Harleston
11 am	Morning Worship with Laying up of RBL Standard		Buxhall
11 am	Parish Communion	<i>Barbara</i>	Onehouse Church
6.30 pm	Evening Worship	<i>Chris</i>	Finborough

### 19 May: Pentecost

*Genesis 11.1-19; Acts 2.1-21; John 14.8-17(25-27)*

9.30 am	Holy Communion	<i>Ian Hooper</i>	Shelland
9.30 am	Holy Communion	<i>Barbara</i>	Harleston
11 am	Combined Family Communion	<i>Chris</i>	Finborough Church
11 am	Parish Communion	<i>Barbara</i>	Onehouse Church

### 26 May: St Augustine of Canterbury

*1 Thessalonians 2.2b-8; Matthew 13.31-33*

9.30 am	Benefice Patronal Eucharist	<i>Chris</i>	Harleston
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### 2 June: Trinity 1

*1 Kings 18.20,21,(22-29),30-39; Galatians 1.1-12; Luke 7.1-10*

9.30 am	Sung Eucharist	<i>Chris</i>	Buxhall
9.30 am	Reflective Morning Prayer	<i>Ray</i>	Shelland
11 am	Family Service	<i>Chris</i>	Onehouse Church Room
11 am	Parish Communion	<i>Arlene</i>	Finborough
11 am	Matins	<i>Roger</i>	Harleston

Whether you are a regular worshiper or a visitor to our churches this Sunday, you will find a warm welcome at any of our services

Evening Prayer will be said at St Andrew's, Great Finborough at 5pm each Wednesday

All are welcome

### Church rotas

Week ending	Cleaning	Flowers	Coffee	Sidesman
5/5/13	Shireen Wright & Lisa Minoprio	Lisa Minoprio	Denise King	Ivy Friston & Gill Ling
12/5/13	Jill Reed, Tina Newell & Trudy Gibbs	Angela Pead	Lavinia Biles	Lavinia and John Biles
19/5/13	Jill Reed, Tina Newell & Trudy Gibbs	Angela Pead	No service	No service
26/5/13	Anne Hicks and Ivy Friston	Anne Hicks and Ivy Friston	No service	No service
2/6/13	Anne Hicks and Ivy Friston	Anne Hicks and Ivy Friston	Angela Pead	Ivy Friston & Gill Ling

If you wish to swap with someone, please arrange it with them directly.

### Fairtrade Stall



A Fairtrade Stall runs every first Sunday of the month in church following morning service. If you don't wish to come to the service, you will be very welcome to pop in at 10.30 for coffee and a browse. The range includes cereals, chocolate, biscuits, dried fruit, pasta, honey, jam and marmalade, tea and coffee.



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**Anthea on 01449 675161**

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**[battisforddistrictcricketclub](http://battisforddistrictcricketclub)**

**<http://battisforddistrict.play-cricket.com>**

## **From the Rectory**

The return of warmth from the sun has been very welcome over the past few days, encouraging many out into the countryside and gardens. The brightness of the sun is good for our health, physical and spiritual. Buxhall's Plod and Ploughmans and Onehouse's Sunday walks encourage us into the countryside with friends and neighbours – especially those who like company when they are out of sight of a television. Suffolk County Council has a walking week programme with interesting guides to comment on the way.

The election of both a new Pope and an Archbishop seem to have been met with general acclaim and we pray for them both in their difficult roles but they begin in brightness. The posturing of the North Korean dictatorship gives cause for concern, and the death of Lady Thatcher has reminded many of us of the divisions in our country of the 1970's and 80's. Dissension, selfishness and wanting to be 'in charge' are never far from the surface in all our lives.

The Christian church should always be concerned for the underdog in society – in many places it is the churches who are working there who can see the effect of policies. Similarly the church is concerned to support with clear ethical guidelines those who are fortunate enough to make the money needed to support social and welfare programmes. The church supports both groups and seeks dialogue covering all areas of dispute in our world. Of course it has its own issues as well but it sincerely tries to respect opposing views. The Christian voice in politics is important locally and nationally and it is essential that it is fed by healthy minds and bodies, bright and eager to see what might be – not closed and hidebound and thinking all that is new is wrong.

Can we try to be bright and positive in our communities, seeking to use the strengths and ideas of the past to move forward? The joining of the school, church, pub and Village Hall together in Finborough working on the Race of the Bog Men was an enormous success for all the organisations and for community cohesion. We look forward to the new shop and Post Office. Similarly at Onehouse, Harleston and Shelland with the Fete; and so perhaps somehow the whole community of Buxhall: the Community Council, Village Hall committee, the church, etc can combine to re-imagine the ancient Flower Service tradition to the mutual benefit of all, as clearly there is energy in different places. These are 'small fry' compared to the challenges that assault our government and those around the world – but brightness positivity and respect—which the sun encourages—are the way forward for all.

Chris





## Thurston Community College

*inspire empower achieve*

Members of the community are welcome to attend these forthcoming events at

### Thurston Community College

- Monday 20 May: GCSE Art Open Evening: 6.30pm
- Friday 7 June: Plant Sale & Food for Life Event: 1.15pm - 3.00pm
- Wednesday 12 June : Art Textiles Open Evening: 6.30pm
- Thursday 27 June : A Level Art Open Evening: 6.30pm
- Friday 8 November : 40 Year Anniversary of Thurston Upper School/Community College

Look out for more details on our website at:

[www.thurstoncollege.org](http://www.thurstoncollege.org)

or email: [community@thurstoncollege.suffolk.sch.uk](mailto:community@thurstoncollege.suffolk.sch.uk)

or call: 01359 230885

Norton Road, Thurston, Suffolk IP31 3PB

### Onehouse amblers

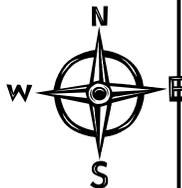
**R**

**May's walk will be on Sunday 26<sup>th</sup>.**

The walk starts from the Gipping Valley Centre and takes in part of the Gipping Valley and Balham, then back via Great Blakenham to the GGipping Valley Centre, a distance of 5 miles, taking about 2 hours.

We will meet in the Church Room car park at 2.30pm to drive to the Gipping Valley Centre.

Derek Ames (Tel. 613328)



### Buxhall Women's Institute

2013 hasn't been the best start for us so far. With our January speaker unable to attend and then the March speaker too, we are getting used to having a real good old chinwag alongside our cup of tea and cake. The March meeting was exactly that and I have to say it goes down quite well as when there is a speaker, the time to catch up with other members is short.

In the following few months we have only one month with a speaker, April when we have a talk entitled 'Women's Make-Up' by Margaret Woollam. The following months, May and June, see us with our Resolution night plus bring and buy and our 'Summer's Evening' Garden Party.

On 5 March, several members attended the yearly WI Federation meeting at Trinity Park, the main speaker being David Rhys speaking on 'From Ballet to Olympics'. David was lucky enough to be selected as one of the many 'Games Makers' that went into making the London Olympics such a success. His talk was of his experiences during this time and the inspirational feel of the Para-Olympics, and now of course we know now how successful the role of the 'Games Makers' was. It was an experience he would remember for the rest of his life.

The Suffolk Show sub-committee is beavering away behind the scenes. Time is slipping away and all entries are to be in by May. Will keep you in suspense as to exhibits - watch this space!!!!

At the time of writing, Glynis, our Treasurer, is poorly so hurry up and get better soon Glynis!

Buxhall WI meets on the third Wednesday of each month at Buxhall Village Hall at 7 pm for 7.30 pm. All you ladies out there, please feel free to pop in and see if WI is for you, you will be very welcome!

Sue Croft

### Thank you!

I should like to thank everyone for all their constant good wishes and enquiries for John during his recent three-month stay in hospital. He is now home and doing well.

The concern and friendship has been truly amazing and so much appreciated.

Jill

# SPANISH



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*01449 674853*

Hello,

Since my last report a catalytic converter was removed from a vehicle parked on a driveway along Mill Road between 01/04/13 – 03/04/13. General info... Catalytic converter thefts are still occurring in the county. These offences are committed in minutes by cutting the exhaust pipe. Mercedes vans (the newer models), 4 x4's and motorhomes have all been targeted. On Saturday May 11th there will be a catalytic converter marking session run by our crime reduction officer at 11am – 3pm at Barley Green Garage, Laxfield Road, Stradbroke, IP21 5JT. If these items are easier for officers to identify, there is a far greater chance of them being returned and getting offenders to court. A more local event can be organised if any garage owners are willing to offer up the use of their pit or ramps?!

**Helping our children stay safe online** There's a high dependence on the internet in the workplace, at home and in schools. Children are using the internet more and more to complete homework and keep in touch with friends through Social Networking sites such as Facebook, Bebo and many others. There is so much information available to them but some material may not be suitable. There is also an added threat from others on line who may want to take advantage. What you can do to protect them:

- Ensure the computer or laptop is used in a family room, where access to the internet can be supervised
- Agree rules with your child regarding access and the sort of sites for use
- Use filter software to block out unsuitable websites
- Discuss and educate your children about being safe online and the dangers they could be subject to. Visit [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) for more advice and resources to help.
- Stress the importance of them not giving out personal details and not arranging to meet strangers they have met online without a parent/guardian present.
- Make your child aware of cyber bullying and encourage good behaviour on social networking sites
- Encourage your child to speak with you if they are unhappy with anything they have viewed on the internet or if they are concerned about someone who has contacted them online.
- Take an interest in what your child is viewing and who they are speaking to online.

Pc 421 Annelly Miles Elmswell Police Office, School Road, Elmswell, IP30 9EE Tel no: 101. [Midsuffsouth.Snt@suffolk.pnn.police.uk](mailto:Midsuffsouth.Snt@suffolk.pnn.police.uk)

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|-------------------------|---------|
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| • Cut and blow-dry      | £25—£30 |
| • Root colour           | £45     |
| • Full head woven foils | £70—£80 |

*Other colour and perm prices on request*

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David W. Hawkins F.A.B.D.O

Ash Optical, 1 Ash Road, Onehouse, Stowmarket, Suffolk IP14 3HA

### Easter Thanks

The **decorations in all our churches** for Easter were magnificent and it is good to see a flourishing of artistic floral talent due to so many from the wider community becoming involved in the festivals. We are grateful to Chris Sansom for sharing her organisational skills for the first time. Vicki Hease has also helped greatly to encourage and support new arrangers at Finborough and the welcome innovation of the Lily appeal raised useful funds to support the decorations there.

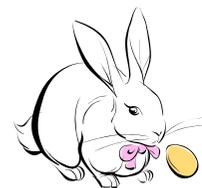
**Messy Church** at Buxhall on Palm Sunday was successful: we welcomed 24 children and 22 adults from the villages and all shared in an excellent tea. Our thanks to Kirsty, Jenny, Lesley, Irene and helpers for this occasion which will be repeated.

**Holy Saturday** saw more at St Andrew's for children, to let them experience the Easter Story and join in crafts and art as well as to develop the Easter Garden. Our thanks to the Revd Liz especially, as well as Irene, Emma, Kirsty, Rebecca and others.

Almost 160 joined in worship at our services on **Easter Day**. At Onehouse our music was wonderfully augmented by David and Jayne with their guitars, accompanying the Easter Hymns. Anna Elliss's rendition of Panis Angelicus set an excellent tone at the Communion. The corks popped as we sung Thine be the Glory and cake was swiftly eaten. Buxhall's choir sang two excellent new pieces and I know the children's choir at Finborough was well received.

THANK YOU to musicians, decorators, churchwardens, cake makers, sidesmen, ministers, clergy and supporters. We celebrated Easter well.

Chris



### Onehouse Mother & Toddler Group Easter Egg Hunt

Although the weather was not good, 80 brave children and their parents braved the cold, wind and rain to search Onehouse woods for the Easter Bunnies. Special thanks must go to the committee for their hard work, our helpers: Hayley Mayhew, Kelly Randell, Lorna Jenkins, Amy Healy and Sarah Ruffles for assisting on the various stalls, Ross Lake for painting the wonderful wooden notice boards, Stephen Gilbert for his generous donation of doughnuts, Pat Shave and Jenny Aldous for making the two beautiful Easter cakes and of course "Bertie Bear" for sparing the time to join us.

Sue Edwards



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**\*\*\* THE IRON LADY\*\*\***

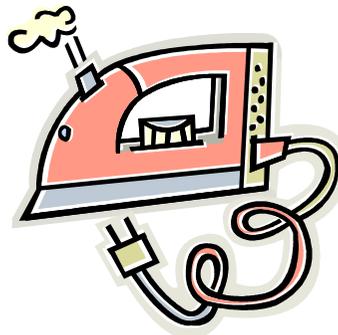
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[bonnyvomextertal@yahoo.de](mailto:bonnyvomextertal@yahoo.de)



St Andrew's, Great Finborough



All are welcome to join us for the  
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Sunday 19 May 2013

at 11 am

Refreshments

Please wear as many red things as you  
can

# LITTLE HANDS TODDLER GROUP

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Registered Charity Number: 1079987



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Excellent facilities & equipment  
OFSTED Inspected

For children aged from 2 years  
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**9.15am - 12.30pm Friday**

**Lunchclub available daily**

Very Popular Pre-School, Inspection Welcome



## Friends of Great Finborough Primary School

### Race of the Bog Men: Easter Monday, Great Finborough

What a day! The snow cleared and we had some sunshine! There was a huge turnout for this annual village event which included a beer festival for the first time. Other traditional events of egg and spoon races and egg throwing proved popular alongside the main Race of the Bog Men.

The Friends of Great Finborough Primary school would like to send a massive thank you to all of those who helped, either on the day or before the event.

Where to start? Of course our thanks go to Angela at The Chestnut Horse; we are grateful to her for hosting the race as well as for her kind donations to the Primary School and to St Andrew's church from the sales at the Beer festival - where 'Bog Juice' seemed to be going down a storm! The team of BBQ helpers who cooked some tasty burgers and sausages from Swiss Farm Shop- another sell out year, well done. Those who donated cakes and helped to run the cake stall in Pettward hall, as well as the face painters. The mums who helped to run the races, egg throwing and organised craft activities to keep the children entertained.

The race could not go ahead of course if we did not have those volunteers who run the race, the transport from Klub Equest and the kind permission of Vera Waspe and her family for the event to run its traditional course across their farmland.

We were truly overwhelmed by the support from those in our local community and pleased that so many could attend - we hope to see all of you and more next year at what we hope will continue to be a fantastic village event!



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**Sunday:** 12-3 pm. Food available 12-2 pm

See our web site for our up to date menu



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## Great Finborough and District Garden Club

The weather having at last relented to give us some much needed rain and warmth all the spring flowers opened together and have given all the local gardens a "new look" as have the daffodils planted by the club over the last two years which brighten the village's open spaces. Beware however, the weather can still play nasty tricks so don't put out those tender seedlings too soon.

The April meeting was a very well attended talk given by Matt Tanton-Brown from the Place for Plants when he initiated us into the mysteries of plant propagation; from sowing seeds to the best way to deal with all varieties of cuttings.

The members at the meeting also voted to nominate the Pettiward Hall as the recipient of the proceeds raised by the 2013 Open Gardens, this will be donated to the Hall committee to help fund improvements.

The next meeting will be the AGM with a Bring and Buy Plant Sale and Social on May 9 at 7.30 pm in the Upper Room of the Pettiward Hall. So pot on all those extra seedlings and cuttings and bring them along to find them a new home. Perhaps you will find yourself some plants that you have not grown before, didn't think to grow this year or lost in the cold wintery weather. Don't forget, there is always room for new committee members to help keep the club buoyant and prevent the old stagers from stagnating! If you would like to help, put your name forward at the AGM: it's not onerous and can be very enjoyable.

Here is another reminder of the 2013 Village Open Gardens, which will be held on Sunday 7 July. If you would be interested in opening your garden to help us in our efforts we would be delighted to hear from you. It is not necessary to be a member of the Club to participate and receive an invitation to the prestigious "President's Lawn BBQ".

Finally, if you are interested in joining the garden club or would like to join us for any event you will be very welcome. Membership is only £12.50 per household per year. For further information contact either: John Davey [john@abbeyclassics.co.uk](mailto:john@abbeyclassics.co.uk) on 674401 or Judith Cameron [judyandian@btinternet.com](mailto:judyandian@btinternet.com) on 672978.

## Men's Breakfast (an early warning)

The next breakfast will be held in the Church Room on Saturday 8 June, when the speaker will be Chris Noble from Barnston, near Great Dunmow, in Essex.



## Music Night

11 May 7.30 pm



Pettward Hall, Great Finborough

£5/person

Come along and listen to some live music,  
catch up with friends old and new.

Light nibbles on the tables, raffle & bar

Organise a night out with friends.

For tickets please contact:-

Mari on: 07936 827126

Delia on: 07513 140072

In aid of Finborough & Buxhall Under 5's

## LADY SEEKS EMPLOYMENT

Reliable and helpful lady (redundant after 30+ yrs) seeks part time work in area. Would be pleased to consider secretarial (inc. Microsoft

Word), housekeeping or carer work (asst. with shopping/household tasks etc.) but happy to diversify. Good sense of humour with

many interests – in particular pets and plants! References if required.

Please telephone: 01449 612536

## Buxhall

### Annual Parish Meeting

The Annual Parish Meeting will be held in the Village Hall on

*Monday 20<sup>th</sup> May 2013 at 7.00pm*

This meeting is a chance for all residents of the parish to get together to discuss issues affecting the village and to hear reports from the various organisations and groups, which serve the community, about their events of the past year.

### Prayer—Talking with God

I am aware that there are various prayer groups meeting around the villages and have been for some time. Some focus on the bereaved and those in distress of one kind or another, others for the newly baptised, married or newcomers to the church communities, some more generally.

If anyone would like to join a group, talk about prayer or are just interested in more information please telephone me. In the meantime we shall be starting another group at Rectory Bungalow on Wednesday afternoons starting at 2pm Wednesday 1 May. We shall be together for about 60 minutes including refreshments.

Chris 736093

*"More things are wrought by prayer than this world dreams of."  
Alfred Lord Tennyson*



### Old Litter

Nice dog walk until we reached Brettenham Road past Tomlinson's to the Church. We found two bags then filled them with litter - enough green wine bottles and drinks cans for a feast!! and the rest. We jibbed at picking up baby nappies!

Robert & Elizabeth Pyke

# LAND ARMY DESIGNS

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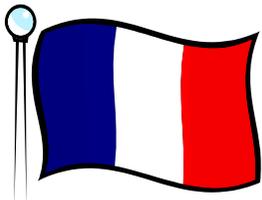
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## Little Ernie

Dear Supporter,

Your past contribution to the Village Hall via the Little Ernie lottery is much appreciated – and with ongoing upkeep costs, your continued assistance is needed more than ever! This year, the Hall is in urgent need of new heavy duty kitchen units and an extractor fan. We hope that you might feel able to contribute to ensure that our village's valuable and historical resource can continue to be used for generations to come. And don't forget, there are plenty of opportunities via the monthly draw to win back your money - and more!

Please send completed applications by **25<sup>th</sup> May**. *Further copies of this form can be collected from either Jim & Jackie Sugden at The Old Forge, Buxhall.*

**For legal reasons, only over 16s can enter the village lottery.**

**Please sign the entry form below acknowledging that all entries are for over 16s only.**

### Application Form

Full name of each person wanting a subscription	How many entries per person
1.	
2.	
3.	
4.	
5.	

Full Address.....

.....Telephone.....

Signature.....

The annual payment for each subscription is £6.

**Total payment enclosed £ .....**

**Return form to: Jim & Jacqueline Sugden, The Old Forge, Buxhall, Suffolk IP14 3DJ** (Please make cheques payable to 'Little Ernie').

*Please note: prize levels are dependent on a minimum subscription level of 180 participants. This has never failed to be achieved, and hence full pay-out has historically occurred – and we don't see it changing this year. However, we have to point out that in the event of a smaller number of participants, payment will have to be scaled back – although the chances of winning will remain as great!*

- 36 Fenland Walkabout** 24th May, 10:00am **Location:** RSPB Lakenheath Fen **Cost:** Adult £4; children 16 and under, £2 (RSPB members half price)
- 37 Lavenham's Best Kept Secret** 24th May, 1:00pm **Location:** Lavenham  
Cream tea at the end of the walk (included). **Cost:** Adult £8; children £5
- 38 A Walk In The Past** 25th May, 11:00am **Location:** Lowestoft **Cost:** Adult £5, children 12-14, free with paying adult. Not suitable for under 12s
- 39 Walk The Burma Road** 26th May, 9:30am **Location:** Lavenham/ Alpheton Airfield. Tea/coffee and a cheese scone (included). **Cost:** Adult £12; children £6
- 40 Winging It At Wattisham** 26th May, 10:00am **Location:** Bildeston to Wattisham **Cost:** Adult £4, children 16 and under, free
- 41. Awesome Tree Walk** 26th May, 2:00pm **Location:** Nowton Park **Cost:** Adult £2; children 16 and under, £1
- 42. Treasured Suffolk – Santon Downham** 27th May, 10:30am **Location:** Santon Downham **Cost:** Adult £3; children 16 and under, £1.50
- 43. Animals Within The Town** 28th May, 10:00am **Location:** Bury St Edmunds **Cost:** Adult £4; children 16 or under, free
- 44. Horrible History Of Ipswich** Wednesday 29th May, 10:30am **Location:** Ipswich **Cost:** One adult free per booking. Subsequent adults £4, children £4
- 45. Countryside Walk In The Stour Valley** 30th May, 9:30am **Location:** Haverhill **Cost:** Free
- 46. Morton Peto Meets Benjamin Britten For A Seaside Stroll** 30th May, 6:30pm **Location:** Kirkley, Lowestoft **Cost:** Adult £5; children 12-14 £3
- 47. Wander To The Waterfront** 31st May, 2:15pm **Location:** Ipswich  
Tea/coffee and scone at the Saints Café included in price. **Cost:** £7
- 49. Moulton Meander** 1st June, 1:00pm **Location:** Moulton nr Newmarket **Cost:** Adult £6; children 15 and under, £3
- 50. Colourful Characters** 1st June, 2:15pm **Location:** Ipswich  
Tea/coffee and scone at Arlingtons Restaurant included in price. **Cost:** £7
- 51. Do You Remember What Was There?** 2nd June, 10:00am **Location:** Bury St Edmunds **Cost:** £4
- 52. War Walk: The Defence Of Walberswick In 1940** 2nd June, 10:30am **Location:** Walberswick **Cost:** Free

More details about all these walks can be found on the website.

You are all invited to  
St Andrew's, Great Finborough on  
**Thursday 9 May 2013 at 2pm**

to celebrate the

### **Feast of the Ascension**

at a special Communion service led by the **children of the Primary School** who have been working hard on its preparation. Please come and support us all.

The Revd Chris Childs and Mr Stephen Dodd (Headteacher)



### **Skylarks**

We do have some places available for children aged 5-9 living or attending church in Buxhall, Great Finborough, Harleston, Onehouse or Shelland. If you are interested in your child/children attending, please contact Derek (613328) or Carole (736025).



Much of the work at Skylarks involves art and craft. If you would be interested in becoming a Helper, either to help prepare a session or to help on the day, please contact Derek or Carole (as above).

Skylarks dates for the Summer Term (4.00-5.30pm in the Church Room)

**Tuesday 14<sup>th</sup> May - Flowers**

**Tuesday 4<sup>th</sup> June - France**

**Tuesday 2<sup>nd</sup> July – Onehouse Church & churchyard and end of term picnic**

### **Skylarks Open Meeting**

Wednesday 8<sup>th</sup> May, 8pm at the Rectory Bungalow, Buxhall,

to consider the future of Skylarks.

The number of Skylarks Helpers has declined to such an extent that unless more Helpers come forward,

**SKYLARKS WILL HAVE TO CLOSE.**

# Garden Open Green Farmhouse The Green, Shelland, Stowmarket Sun 26 May 11am - 5pm

Adm: £3.50  
Children: free

Plants for Sale



[www.ngs.org.uk](http://www.ngs.org.uk)

PLOUGHMAN'S LUNCH

The National Gardens Scheme: registered charity no. 1112094

- 17 Trails By The Riverbank** 17th May, 3:15pm **Location:** Shotley Peninsula **Cost:** Adult £4; children 16 and under, £2
- 18 Muskets At Dawn** 18th May, 9:00am **Location:** Felixstowe to Hollesley **Cost:** £15 (includes coach return to start)
- 19 A Tale Of Two Rivers** 19th May, 9:00am **Location:** Hollesley to Snape **Cost:** £15 (includes coach return to start)
- 20 The Sailor's Path** 20th May, 9:00am **Location:** Snape to Sizewell **Cost:** £15 (includes coach return to start)
- 21 The Heritage Coast** 21st May, 9:00am **Location:** Sizewell to Southwold **Cost:** £15 (includes coach return to start)
- 22 Pier To Pier** 22nd May, 9:00am **Location:** Southwold to Lowestoft **Cost:** £15 (includes coach return to start)
- 23 Textiles Walk – Weaving Through Flax Fields** 18th May, 11:00am **Location:** Bramfield, nr Halesworth **Cost:** Adult £4; children 14 and under, £2
- 24 They Suffered For Their Faith** 18th May, 2:15pm **Location:** Ipswich: Tea/coffee and a scone at the Coffee Restaurant is included. **Cost:** £7
- 25 Brecks, Fens, Medieval Pastures And A Pub** 19th May, 10:00am **Location:** Aspal Close Local Nature Reserve. **Cost:** Adult £2; children free
- 26 Let The Train Take The Strain** 19th May, 10:45am **Location:** Beccles/Oulton Broad Angles Way **Cost:** Free (plus train ticket)
- 27 A March Through Landguard's Military History** 19th May, 2:00pm **Location:** Landguard Fort, Felixstowe **Cost:** £2.50
- 28 A Ramble Around The Middy** 19th May, 2:00pm **Location:** Wetheringsett **Cost:** Adult £4; children 16 and under, free
- 29 Thornham's Wildlife Walk** 19th May, 2:00pm **Location:** Thornham Walks **Cost:** Free
- 30 Celebrating a Masterpiece - A Walk With a Suffolk Poet** 21st May, 10:30am **Location:** Sudbury **Cost:** Adult £3; children 14 and under, free
- 31 Walking The Great Eastern Railway** 21st May, 2:00pm **Location:** Long Melford **Cost:** Adult £3; children 14 and under, free
- 32 Stowmarket; An Historic Walk And Talk About An Industrious Market Town** 22nd May, 10:30am **Location:** Stowmarket **Cost:** Adult £4; children £2
- 33 Welly Walk Around The Museum** 22nd May, 1:30pm **Location:** Museum of East Anglian Life, **Cost:** £3
- 34 Thomas Wolsey, The Man Behind The King** 22nd May, 2:15pm **Location:** Ipswich: Tea/coffee and scone at the Sanctuary Restaurant is included. **Cost:** £7
- 35 Treasured Suffolk – Combs And Badley** 23rd May, 10:30am **Location:** Combs and Badley **Cost:** Adult £3; children 16 and under, £1.50

## The 2013 Suffolk Walking Festival 11th May - 2nd June 2013

For more details: [www.discoversuffolk.org.uk](http://www.discoversuffolk.org.uk)

This is the 6th Suffolk Walking Festival, developed over the years from its beginning in 2008 as the South and Heart of Suffolk Walking Festival.

**Booking Your Tickets:** You can book in person at Stowmarket the tourist information centre at the Museum of East Anglian Life, Stowmarket IP14 1DL Tel. 01449 676800 or online at [www.discoversuffolk.org.uk](http://www.discoversuffolk.org.uk).

### A summary of the walks:

**1 The Launch Jaunt** 11th May, 11:00am **Location:** Ickworth House.

**Cost:** £4 includes entrance to park and coffee and cake on arrival

**2 Lavenham I-SPY** Self-guided walk, available throughout the festival.

**Location:** Lavenham. **Cost:** £3

**3 The Point Of Suffolk** 11th May, 2:00pm **Location:** Landguard Nature Reserve, Felixstowe **Cost:** Free

**4 Historic Helmingham** 12th May, 10:00am **Location:** Helmingham Hall

**Cost:** £17, includes lunch in the tearooms and entry into the Grade 1 listed gardens.

**5 A Box Of Delights - A Ramble Through An AONB** 12th May,

10:30am **Location:** Stoke by Nayland **Cost:** Adult £5; children free

**6 A Walk To The Source** 12th May, 10:30am **Location:** Redgrave and

Lopham Fen **Cost:** Donation to Suffolk Wildlife Trust

**7 Wildflowers, Cardinal Wolsey and St Peter's Brewery** 12th May,

11:00am **Location:** Bungay **Cost:** Adult £4; children 12 and under, £3

**8 Historic Streets of Bury St Edmunds** 13th May, 7:00pm **Location:**

Bury St Edmunds **Cost:** Adult £3; children 16 and under, £1.50

**9 Up With The Woodlark** 14th May, 6:00am **Location:** Sutton Heath

**Cost:** Free

**10 Flights Of Fancy** 14th May, 2:15pm **Location:** Ipswich Tea/coffee

and a scone at The Raven are included in the price. **Cost:** £7

**11 A Stroll Back In Time Through Onehouse** 15th May, 10:00am **Lo-**

**cation:** Stowmarket and Onehouse **Cost:** Free

**12 Waveney Valley Wednesday Woodland Wander** 15th May, 2:00pm

**Location:** Bungay area **Cost:** Free

**13 What The Dickens!** 15th May, 7:00pm **Location:** Ipswich. A glass of

wine at

Arlingtons Restaurant is included in the price. **Cost:** £7

**14 Three Churches Walk** 16th May, 9:30am **Location:** Between Bury St

Edmunds and Newmarket **Cost:** Free

**15 Round The Mulberry Bush** 16th May, 10:30am **Location:** Boxford,

tea/coffee at the White Hart included. **Cost:** Adult £6; children 14 and under, £3

**16 Shore To Shore** 17th May, 9:30am **Location:** Shotley Peninsula

**Cost:** Adult £4; children 16 and under, £2

## Girls Night Out: It's time to sign up for a party

Here come  
the girls!

**St Nicholas  
Hospice Care**  
A Registered Charity No. 287773

Who wants to have a party and raise funds for charity?

St Nicholas Hospice Care is inviting women to join the biggest party of the year and help it to celebrate the fifth birthday of the Girls Night Out moonlight walk on 14 September 2013.

Every year hundreds of women gather on Angel Hill, in Bury St Edmunds, to walk 11.2 or six miles around the town to raise funds for the Hospice. Girls Night Out launched in 2009 so the 2013 event will have a pyjama party theme to mark the fifth walk.

Georgina Carr, Hospice Community Fundraising Manager, said: "We hope to see as many women on Angel Hill as possible to ensure the fifth Girls Night Out is the biggest birthday party the town has ever seen. Please sign up for the walk, bring your friends and your party spirit.

"All we ask is that you wear your pyjamas – or the T-shirt every walker will receive - comfortable footwear and do your best to raise sponsorship. Last year 700 women took part in Girls Night Out and raised £100,000, so let's see if we can top that total in 2013."

To sign up, fill out an registration form (available from our shops in Bury, Sudbury, Newmarket, Haverhill, Thetford, Mildenhall and Brandon or the Hospice itself), along with your fee, to: Events and Challenges Fundraiser, St Nicholas Hospice Care, Hardwick Lane, Bury St Edmunds IP33 2QY. You can also sign up at [www.stnicholashospicecare.org.uk](http://www.stnicholashospicecare.org.uk). Registration normally costs £15, including a T-shirt, but early birds can sign up for just £10 until 31 May.

### Flower Festival

Onehouse Church Flower Festival is on:

**Saturday 18 May:** 10am—5pm

**Sunday 19 May:** 12noon—5pm. Communion Service at 11am, everyone welcome.

Stalls include cakes, refreshments, quiz, plants, raffle and bric-a-brac.

Admission for the Flower Festival £1.

If you would like to help man the stalls or donate goods, please contact Carole Hearn. All proceeds towards Church Funds.



*Andrew Bingham*

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## Shelland Parish Meeting

The AGM will take place on Tuesday 14 May 2013 at  
New Farm, Shelland, starting at 7.30 pm

**All are most welcome to attend**

## New Hymn Books at Shelland Church

We have now installed new Hymn Books, 'Common Praise', in Shelland Church.

If anyone would like to purchase one in memory of someone or to commemorate a special event, please contact Church Warden John Jewers (01449 736382) or Treasurer John Kendall (01449 736264). Each book costs £11.50 and will have the inscription of your choice added to the frontspiece.

## Buxhall & District Community Council

### Produce Show

The Produce Show will be held on Saturday 31 August. This is not a Bank Holiday weekend.

We have made several changes to the schedule.

Topics for **photography** will be 'Nature', 'Transport', 'Celebration' and anything in 'Black and White'.

**Floral Art** will include an arrangements in a jug (maximum 12" x 12"), and an exhibit celebrating the 60th Anniversary of the Queen's Coronation.

**Children's Classes** will include three decorated Rich Tea biscuits (using bought biscuits).

Changes in **cookery** will include three cup cakes, six mini apple pies, a coffee sponge cake (buttercream filling), an apple and almond cake, and for the men's class, a chocolate sponge cake (buttercream filling).

The **Family Class** will be making an animal, bird or fish from vegetable(s) or fruit.

We hope for your support once again.

**Thank you.**

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## Thank you!

The Chestnut Horse, the Primary School, St Andrew's Church and Pettward Hall are some of the main building blocks of our community in Finborough and it was so good that all were able to work together on Easter Monday for the benefit of the whole community. Angela was incredibly generous with her time and forgoing some business for the sake of the community, and both the church refurbishment fund and the Friends of the School benefitted handsomely. Of course the beer provided so generously by Greene King aided the day as did the cakes, raffle, barbeque and the presence of so many from the community. It is good to see the Race of the Bogmen re inventing itself again for the good of the whole community. On behalf of the Parish Church, thank you to everyone who supported this event.

The Revd Chris Childs

St Andrew's Church, Great Finborough  
**Concert Night with Music from  
Gilbert & Sullivan, Famous Musicals and Shows**

18<sup>th</sup> May at 7.30 pm

Tickets from Irene Bugg Tel: 01449 616865

or email : [Irene.bugg@btinternet.com](mailto:Irene.bugg@btinternet.com)

Tickets include refreshments



Great Finborough & District

**Royal British Legion**

Some of you will be aware that our branch is closing, mainly due to the decline in membership in recent years.

The Branch Standard will be laid up during the service at St Mary's, Buxhall on Sunday 12 May, commencing at 11 am. The Stowmarket Salvation Band will play during the service.

Everyone is welcome, refreshments will be served afterwards

John Biles (736297)  
Chairman

## Pilates Classes in Drinkstone

Do you suffer from back pain, have shoulder, neck, knee or hip issues or just want to be more flexible and toned?

Body Control Pilates Instructor

Small classes, a maximum of 7 clients per class, remedial based exercises.

For further information regarding Pilates and testimonials please look at

[www.midsuffolkpilates.com](http://www.midsuffolkpilates.com)

Or call Claire Day on 07803 615 444

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[www.cambridgeweightplan.com/vall](http://www.cambridgeweightplan.com/vall)

You should always speak to your doctor before starting any weight loss programme.

Emily in 2009, size 16/18



Emily in 2011, size 8/10



## From The Registers



### Funerals

*Seven Hills Crematorium, Ipswich*

Gladys Campbell, aged 90

19 March 2013

*West Suffolk Crematorium*

Ann Christine Lapsley, aged 88

26 March 2013

*Ipswich Crematorium*

Keith Bruce Jeffrey, aged 83

12 April 2013

### Funeral and Burial

*St Mary's, Buxhall*

Kristine Rawlings, aged 65

22 March 2013

### Baptisms

*St John the Baptist, Onehouse*

Scarlett Marie Gould, aged 18m

14 April 2013

*St Mary's, Buxhall*

Isla-Mae Richards, aged 6m

21 April 2013

Buxhall and Great Finborough Over 60s

### Candlestick Club

The opening meeting of 2013 proved to be a very pleasant evening on an extremely cold night. We were very pleased to be joined by our friends from over the valley, Onehouse, Harleston and Shelland, who helped swell the numbers to 30+. The entertainment was provided by a musical couple who kept us amused with songs old and new and anecdotes of the London theatres. It certainly warmed us up on a very cold night. The Committee had prepared a very enjoyable spread and it was a very nice way to start 2013. Just to mention one of our ex-members, little Molly Welham, who has been in a home for a little respite care but is now due home in a few days, getting on well, so perhaps, Molly we may see you at a meeting soon, or even a Whist Drive! Well done Molly.

For our May meeting on we again join with Onehouse, Harleston and Shelland on one of Katie Ellis's 'Mystery Tours'. Pick up times: 9.45 am Great Finborough Old Chapel, 9.50 Buxhall Village Hall and then to Harleston for 10 am. Cost: £15 including entry to wherever, but not refreshments. Please let Keith or Katie (736430) know.

**New members are always welcome**

Keith Proctor (736598)