



Diary Dates for June 2015

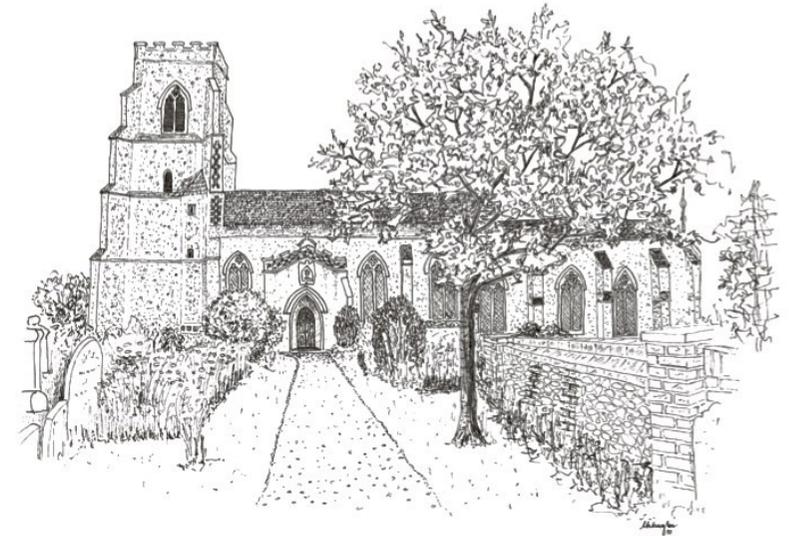
7 June	Walk 'n' talk	p 9
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Diary Dates for summer

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Buxhall Broadcast



June 2015

Services for June 2015

Priest in Charge: The Revd Chris Childs, 135 Poplar Hill, Stowmarket IP14 2AY
01449 673280 or revcchilds@aol.com

7 June: First Sunday after Trinity

1 Samuel 8, 4-11 & 12-15; Psalm 138; 2 Corinthians Ch 4, 13 – Ch 5 v 1; Mark 3, 20 – 35

9.30am	Holy Communion	Arlene	Buxhall
9.30am	Matins	Chris	Harleston
9.30am	Reflective Morning Prayer	Ray	Shelland
11.00am	Holy Communion	Arlene	Great Finborough

14 June: The Second Sunday after Trinity

1 Samuel 15.34-16.13; Psalm 20; 2 Corinthians 5.6-10, 14-17; Mark 4.26-34

9.30am	Holy Communion	Jenny Vereker	Harleston
9.30am	Holy Communion	Chris	Shelland
11.00am	Family Service	Sally Fogden	Onehouse Ch Rm
4.00pm	Flower Service	Chris	Buxhall
	with Gisingham Silver Band		
6.30pm	Evensong	Chris	Great Finborough

21 June: St John the Baptist: Onehouse Patronal Festival

Isaiah 40.1-11; Acts 14.13b-26; Luke 1.57-66, 80

11.00am	Benefice Holy Communion	Chris	Onehouse
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28 June: St Peter & St Paul

Zechariah 4.1-6a, 10b –end; Psalm 125; Acts 12.1-11; Matthew 16.13-19

9.30am	Sung Eucharist	Chris	Buxhall
9.30am	Holy Communion	Arlene	Harleston
9.30am	Matins	Roger	Shelland
11.00am	Holy Communion	Alison Lay	Great Finborough
11.00am	Holy Communion	Sally Fogden	Onehouse

5 July: St Thomas

Habbakuk 2.1-4; Psalm 31.1-6; Ephesians 2. 19-end; John 20.24-29

9.30am	Service on The Green	Chris	Harleston
	with Gisingham Silver Band		

We meet for Evening Prayer:

4.30pm on Thursdays at St Andrew's, Great Finborough

All welcome!

Whether you are a regular worshipper or a visitor to our churches this Sunday, you will find a warm welcome at any of our services.

Church rotas

	Service	Cleaning for service on	Flowers for service on	Coffee	Sidesman
7.6.15	Holy Communion	Nicky and Clive Fisher	Nicky Fisher	Jill Reed	David & Lesley Steed
14.6.15	Flower Service	Mike & Barbara Chatt	-	-	John & Lavinia Biles
21.6.15	No service	Mike & Barbara Chatt	Barbara Chatt	-	-
28.6.15	Sung Eucharist	Lisa Minoprio & Shireen Wright	Lisa Minoprio	Gill Ling	Ivy Friston & Gill Ling
5.7.15	No service	Lisa Minoprio & Shireen Wright	Lisa Minoprio	-	-

If you wish to swap with someone, please arrange it with them directly.



Flower Festival 2015

Friday 12 June: Music to my ears 7.30—9 pm Come and listen to Christopher Moore entertain us, with an evening on the impact of music on the senses (sight, hearing, even touch) while meandering through a life in music and love of architecture and churches. Enjoy a glass of wine and cheese. Tickets £7 including refreshments.

Saturday 13 June: Flower Festival 10 am—4 pm Enjoy the flower arrangements to background music. There will be Fairtrade tea and coffee, home baked cakes and scones in our tea tent.

Sunday 14 June: Flower Festival 10 am—3.45 pm The Festival continues! Your last chance to enjoy the beautiful arrangements in our lovely church. We hope to have a musical background again, and the tea tent will be open until 3 pm.

Sunday 14 June: Flower Service 4 pm The culmination of the Flower Festival will be our traditional Flower Service with Songs of Praise, accompanied by the Gislingham Silver Band. Buxhall's four-part choir will be leading the singing. Refreshments afterwards.

- Vote for the People's Choice Arrangement!
- A fantastic draw all weekend

If you would like to provide an arrangement, bake a cake or help in the tea tent or sponsor an arrangement either personally or on behalf of a local business, please contact Nicky Fisher on nicky.fisher@cambiel.co.uk or 737867 or Lesley on lesleyann.steed@btinternet.com or phone 737991.



From the Rectory

I spend a lot of time thanking people for all they do in the church and community. I do it personally of course but also for you all because a great deal of work is done in our communities freely and we are all enriched by it. Newly elected parish and church councillors, committee members, churchyard cutters, cleaners, lunch club cooks etc all do this work for the benefit of others. Thank you. We see their work. Buxhall and Great Finborough Village Halls have been significantly improved. Trinity Hall in Onehouse has great plans for redevelopment and thanks to a volunteer one of the ancient bells of Combs will ring across the valley once again. *Another five might follow one day...* This is apart from the many kindnesses people do for each other and friendships enjoyed in the different clubs.

In this land we have much to be thankful for. Democracy, civil rights, health service and for the fact that in each community there is a group of people who try to care for everyone free of charge and build community together.

Some people are naturally ungrateful for anything and feel it is their right, others are pleased with almost anything and out of their gratitude flows love and concern for others. 'The Lord loves a cheerful giver' goes the saying – not because the cheerful giver will give money or time to the church particularly, but perhaps because a cheerful giver is a cheerful, better person and the light of the Lord shines from them. They do the Lord's work. Smiling is good for you!

You will see elsewhere in the magazines that new officers have been elected in many communities. We welcome three new Churchwardens and two new Treasurers. There are many new Parish Councillors.

I hope and pray with you all that they and their colleagues will do what is right to strengthen support and sustain everyone in our communities. Poetry can help as readers of Buxhall Broadcast know—see page 21.

The Revd Chris Childs

More church news can also be found on p 17.

St Mary's Parish Church contacts

Priest-in-Charge

The Revd Chris Childs Combs Rectory, Stowmarket IP14 2AY 673280

Churchwarden:

Mr David Steed	Leffey Hall, Buxhall	737991
Mr David King	Peacock Ridge, Buxhall	737405

Lay Elders:

Mrs Jill Reed	Sorrels, Mill Road, Buxhall	737814
Mrs Angela Pead	Tiree, High Road, Great Finborough	674754
Mrs Gill Ling	5 Stearn Drive, Onehouse	613523
Mr Tony Bugg	108 Spencer Way, Stowmarket	616865
Mrs Irene Bugg	108 Spencer Way, Stowmarket	616865

All of the ministry team of this benefice are available for pastoral care - to offer a space to talk informally, to offer support and prayer.

Advertising

If you would like to place an advert in the Buxhall Broadcast, please contact Lesley Steed by e-mail at lesleyann.steed@btinternet.com or telephone 01449 737991. An electronic version of your advert is especially welcome as it will then be nice and crisp! However, I will be happy to help you publish any other format. Current rates are:

¼ page £6 / issue ½ page £8 / issue Full page £12 / issue

 * **Deadline for the joint July/August issue: 15th June 2015** *
 * **Editor:** Lesley Steed **Telephone:** 01449 737991 *
 * **E-mail:** lesleyann.steed@btinternet.com *
 * **Address:** Leffey Hall, Brettenham Road, Buxhall IP14 3DX *
 * Please note that articles and advertisements are individual contributions *
 * and do not necessarily represent the views of Buxhall Parochial Church *
 * Council or Buxhall Parish Council. The Editor's decision is final. *

Buxhall Broadcast is published by St Mary's Parochial Church Council with generous support from Buxhall Parish Council. It is distributed free of charge to every household in the Parish.

GARNMAN & SALTER REPORT :-

The charity is in good health with funds invested in C.O.I.F in London. We had three adverts in the Buxhall Broadcast on the run up to Christmas. Two letters were sent to the Chairman and we considered them favourable.

Keith Proctor—Trustee

Re-opening of Buxhall Village Hall—continued from p 39

Councils had helped fund the scheme through community and locality grants. The management committee and the college had worked closely together and both institutions had gained benefit from the exercise. The students whose commitment to the project had been outstanding and who would without doubt reap the rewards from the project throughout their careers. The project had been supported by Ridgeons Ltd who had delivered some very keen prices on materials and Trade Supply Windows who had sponsored the new windows. However, future improvements to the village hall depended on residents using the hall and supporting fund raising efforts. He added his personal thanks to the members of the committee who had helped prepare the hall both before and after the project.

The Chairman then closed the ceremony with a vote of thanks to the ladies of the Buxhall WI who had prepared and catered teas and a wonderful selection of cakes as only they could do. He then invited all present to have a look round and ask any questions they might have.

Arthur Hicks (Secretary)

Report to Buxhall Annual Parish Meeting from Buxhall Women's Institute

Buxhall WI continues to thrive with membership remaining at 46. We have 4 new members and over half our members live outside the village.

At our monthly meetings we've had a variety of enjoyable speakers on a wide range of subjects including car maintenance, flower arranging, how to travel around East Anglia on a bus pass, the work of a sculptor, Punch and Judy show, cookery demonstration, the John Peel Centre and more. We were fortunate to be able to hold our annual Garden Party at Fasbourn Hall, thanks to the hospitality of Nicky and Clive Fisher, and were entertained by a magician.

Every month between April and September there has been a walk finishing at a local pub for a meal. We've also enjoyed trips to Aldeburgh for afternoon tea, Sandringham Flower Show, the Ballet at Bury St Edmunds, Craft and Food Fair at Newmarket and pantomime at Norwich and a Christmas meal. Several members spent a morning learning how to use the internet and others taxed their brains at a Quiz for local WI's at Needham Market.

As always we've been happy to help at several village events namely the Church Flower Festival, Church Fete and Produce Show. The proceeds from serving teas at the Produce Show were used to replace the saucers in the Village Hall and to repair the covering for the whist tables. Nearly 70 people attended our September Harvest Supper in the Village Hall which is our main fund raising event of the year. Several members did a litter pick around Buxhall and were astounded at both the large amount and diversity of the rubbish they collected

This year all of the entries for the WI competition at the Suffolk Show were donated to local charities and among our entries we gave a 'Memory Book' and Silk Flower Arrangement to Finborough Court.

It was Buxhall's 'turn' to send a delegate to the National Annual Meeting held in Leeds. A mandate on increasing organ donation was passed and the National Federation of WI's has launched a campaign to get members talking about this subject.

Thanks to a donation in memory of our late President, Rosemary Bennett, we were able to purchase a PA for use at our meetings and also, along with another generous donation from Great Finborough and District Garden Club, we planted more daffodil bulbs, this time by the Church.

Betty Steed who for many, many years has been both a member and secretary of our committee, decided to stand down; she will be missed for her input but is still attending meetings.

2015 is the Centenary Year since the first WI meeting was held in the UK. Various events will be taking place during the year; already our President, Barbara Ames and another member have attended the handover of the Centenary Baton which is passed around the Federations before being handed over at the Annual Meeting at the Royal Albert Hall in June. On the 17th June we will be holding an Open Meeting when all are welcome to attend.

Once again, we've had a busy and successful year. Judith Hickman (Correspondence Secretary)



Buxhall WI

Change of Speaker for Open Meeting

As part of our celebrations for the centenary of the formation of the WI on Wednesday 17 June at 7.30pm, we will be holding an 'Open Meeting'. Unfortunately due to unforeseen circumstances Rachel Sloane is unable to be the speaker for the evening. However, we have been fortunate to obtain instead Mark Murphy, BBC Radio Presenter, Radio Suffolk.

Visitors (of either sex!) will be most welcome to come along and hear him speak about his life as a Broadcaster.

There will be no charge for visitors on this particular evening and you'll be able to enjoy the famous Buxhall WI refreshments, as well as an excellent speaker.

Please get in touch with our President, Barbara Ames on 674906 if you need further information.

Judith Hickman

1st Mid Suffolk Boys' Brigade

We would like to say a huge thank you to all that came and supported our table top sale on Saturday 2 May.

We are delighted that we were able to raise £138 to go towards our continuing programme of improvements to the hall in Combs Lane.

The hall is over 100 years old and you may have noticed over the last year or two works being carried out during the Summer holiday. These works have made a huge difference to the hall, including updating the toilets, replacing the roof and floor but now we need to do some further works in one of the rooms to make it a suitable place for our children to enjoy.

The money raised from the table top sale will go towards these improvements but there is still a long way to go!

We are very grateful to Simon Burton from 8CW Stowmarket Window cleaning for his kind offer to keep our windows shiny and clean. If any other individuals or business feel they could offer help in any way to maintain and improve our hall we would be very pleased to hear from you. We will be running fund raising events through the year and we would be pleased to see you there! For any further info or to chat about how you may be able to help please call Julie on 01449 736185

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Buxhall Village Hall re-opening

The remedial work and re-decoration of Buxhall Village Hall was successfully completed in time for the hall to be used as a Polling Station for the election on 7 May and officially re-opened on 8 May 2015.

The event, which was attended by members of the local community, representatives of Ridgeons Ltd and management, staff and students of West Suffolk College, was opened by Hubert Mitson, Chairman of the Village Hall Management Committee. He welcomed all present and extended a particular welcome to Richard Carter, the Chairman of Governors of West Suffolk College.

Hubert gave a potted history of the hall from its origins in 1877 as a school for children up to the age of 11 until its closure circa 1945. From 1945 the hall was maintained by East Suffolk County Council and used as a village hall by the local community. In 1961 East Suffolk County Council sold the closed school to Buxhall Parish Council for the princely sum of £500 and Buxhall Village Hall was established by Trust Deed. A Management Committee was formed in August 1962 to look after and maintain the hall on behalf of the community. He paid homage to the group of local residents who undertook a complete renovation and added an extension to the hall in 1991. The hall was again in need of some TLC when the Committee was first approached about this project. The initial proposal was some way away from the final version and the extent of the work actually undertaken.

Hubert thanked the governors and management of West Suffolk College for agreeing the project, the staff for their commitment and particularly the students for their wonderful achievement. They could be proud of the levels of professionalism of their work which was a credit to them and a beneficial addition to their CVs when seeking work in their various vocations.

Richard Carter thanked Hubert for his comments. West Suffolk College were very pleased to be able to assist the community whilst at the same time provide a real life work experience for the students. He gave details of the tasks completed and the level of student input in the planning, obtaining quotes, purchasing of materials, liaising with other departments, completion of building work schedules and actually carrying out the work. The overall project had involved around 180 students and over 1,100 man hours.

The Secretary extended the grateful thanks of the Village Hall Management Committee to all who had contributed to the scheme in any way. He considered that the whole exercise had been a fantastic community project with the rural community benefiting in many areas. District and County

Continued on p 41...

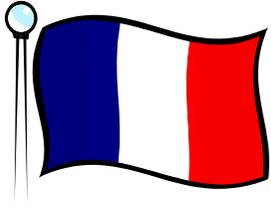
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Summer Flower Festival

St Mary's Church, Buxhall



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Saturday 13th and Sunday 14th June 2014

10am—4pm

Preview Evening

Friday 12th June, 7.30—9.00pm

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Nearly New Stall

The Nearly New stall will be at the Buxhall & Shelland Church Fete on Saturday 1 August 2015!

If you are sorting out your Spring wardrobe, have gone down a size or up a size and don't wish to be reminded then please consider donating to the Nearly New stall. Donations of clothes and accessories, for example handbags, scarves, belts, in good condition are very much appreciated.

The Nearly New stall is a great opportunity to recycle good quality unwanted items and help to reduce wastage.

Donations can be brought to Fasbourn Hall, Valley Lane, Buxhall from the beginning of July or if you would like items to be picked up then please call me on 01449 737867.

Thank you for your help.

Nicky Fisher

News from your District Councillor - John Matthissen

I am pleased to report that on 7 May I was re-elected to Mid Suffolk District Council (MSDC) to represent the five villages of Onehouse, Great Finborough, Buxhall, Harleston and Shelland. Many thanks to everyone who voted for me.

There is a danger that many of the decisions that affect the district, and potentially all who live here, are made by officers using powers delegated by members of the ruling Conservative group – the party with the largest number of members – and a key role of local members is to query the reasons for these decisions and, where appropriate, to challenge them. My re-election and other successes have resulted in the Green Party being the second largest group at MSDC and we are the main opposition to the Conservative group which has, in my view (a view shared by many others) given a high priority to cutting spending on services and a low priority to ensuring that services provided to residents are satisfactory, sufficient and accessible.

To get in touch.....

Call 01449 771742

Or email – councillor@matthissen.net

Or write to me at 3 Wash Lane Corner, Great Finborough, IP14 3BJ

Buxhall & District Community Council

Produce Show

The Produce Show will be held in Buxhall Village Hall on Saturday 29 August. There are some alterations to the schedule.

Topics for **photography (ordinary or digital)** will be:

- Zoo animal(s)
- Countryside scene
- A sporting event
- Black & white (any subject)

Floral art will be:

- An exhibit depicting a film from 2015

Children's classes:

- Any item of craft using recycled packaging
- A sock puppet

The cookery section will include:

- A round of shortbread
- A chocolate and banana cake—recipe given
- A lemon drizzle cake (men only)

The family class:

- a collage of fruit or vegetables to make a picture.

We hope to have your support again, either as competitor or spectator.

Thank you,
Betty Steed

From The Registers



Great Finborough – St Andrew

Kathleen Dora Mary NEWMAN

Died 18 April 2015 aged 84 years

Burial service (Rattlesden Baptist Chapel) followed by interment at St Andrew's on 30 April 2015

Onehouse – St John the Baptist

Caroline Wijnanda JENKINS

Died 18 February 2015 aged 97

Interment of Ashes 19 April 2015

Shelland – King Charles the Martyr

Ethel Maisie TURNER

Died 25 March 2015 aged 95 years

Burial service 21 April 2105



Thank you to those who supported the coffee morning in church on 9 May. The sum of £65 was raised for the work of Christian Aid.

Angela

Walking Group in Buxhall

Want to meet new people?

Catch up with friends?

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The first walk is planned for **Sunday 7 June**

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Has anyone seen our bin?

It's black and it's bold and incredibly strong,
We've had it for years—can't remember how long!
And now it's gone missing, we just don't know where,
Its place next its green mate is really quite bare.
My dear darling husband had trundled it out to the road,
So heavy it was with quite a full load.
But when, late at night, I went out with more trash
Our bin it was missing—I saw in a flash.
The rubbish was scattered all over the verge,
To see it just made my blood really surge.
I jumped in the car with headlights full on,
Searched up the road, down the road, then called for Ron.
We tied up the rubbish in parcels so neat
And hoped our good bin men would not be too fleet.
So next morning I rose up right early at dawn
And hovered about on the damp grassy lawn.
They arrived, bless their hearts, gathered up all the bags
Whilst I stood there explaining, dressed up in my rags.
Then off they went, but just a few minutes after
They appeared at the door, their eyes full of laughter:
'Your bin's cross the ditch, luv, stuck fast in the mud
But don't worry, young Wayne here will wade through the flood.'
So now we're reunited, that black bin and us,
We are wondering who on earth caused all this fuss.
Some jokers were having a right bit of fun
As they staggered home with no moon or sun.

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Buxhall and Great Finborough Over 60s

Candlestick Club

At the time of going to print, the first outing of the year has still to happen. A report on that will be in the next Broadcast. Our June outing is on Tuesday 16 June. Because we need to get to the Waldringfield Maybush for a meal and on to the Deben for a boat trip, we shall be leaving an hour earlier. That is, we shall be leaving Great Finborough Old Chapel at 8.45am, Buxhall Village Hall at 8.50am and on to Harleston for 9.00am. The boat trip is optional but costs £17 if you partake and have been advised it is well worth the money.

The Over 60s would like to thank Buxhall WI for planting the daffodils and giving us a nice display this spring and also to the Village Hall Committee for organising, with the help of West Suffolk College, the redecoration of Buxhall Village Hall. Both the WI and Village Hall Committee must be thanked for the enthusiasm and hard work they do for the village. The Over 60s Club is always looking for new members and has a varied list of outings and events going on. Ring Keith for information on 736598.

Buxhall Parish Council

Vacancy for Parish Councillor

There were only five nominations for election to the Parish Council this time resulting in two vacant seats. The Parish Council have filled one and are now looking to co-opt a member to fill the vacant seat.

- Are you over 18 years old?
- Do you live within three miles of Buxhall or work here?
- Are you on the electoral roll?
- Are you interested in helping to improve the quality of life of your community?
- Do you want to be involved in making important decisions in your community?

If you can answer 'yes' to these questions then Buxhall needs you. Please contact the Clerk if you would like to be considered for the position or need more information: Mrs Paula Gladwell, Green Farm Barn, Great Green, Cockfield IP30 0HJ; email: buxhallpc@live.co.uk; telephone: 01284 828112.

Closing date for applications is 10 June 2015.

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We want to encourage everyone not to ignore the signs and symptoms of illness, to get the help and advice they need in order to stay healthy and avoid an unnecessary hospital stay. There are a number of healthcare options:

NHS 111 for help and advice on urgent medical matters. When the GP surgery is closed and it's not a life-threatening emergency, then call NHS 111. Calls are free and will be answered by a trained health advisor, 24 hours a day. If you're not sure which NHS service you need, call 111. An adviser will ask you questions to assess your symptoms and then give you the advice you need, or direct you straightaway to the best service for you in your area.

Pharmacists are expert in many aspects of healthcare and can offer advice on a wide range of long-term conditions and common illnesses such as coughs, colds and stomach upsets. You don't need an appointment and many have private consultation areas, so they are a good first port of call. Your pharmacist will say if you need further medical attention.

Make a GP appointment. GPs assess, treat and manage a whole range of health problems. They also provide health education, give vaccinations and carry out simple surgical procedures. Your GP will arrange a referral to a hospital specialist should you need it.

See www.nhs.uk/asap for more information.

Great Finborough

and Buxhall Under 5's

Garage Trail



Sunday 13 September 2015

To include houses in Great Finborough and Buxhall

£6 per garage

To book your place please call 07513140072

Registered Charity Number: 1079987

LITTLE HANDS TODDLER GROUP

Telephone: 07708 362697
Registered Charity Number: 079987



TERM TIME FRIDAY MORNINGS

9.15 am - 11.00 am

For children aged 0 - 3 yrs -
£2 per child, £2.50 per family
Weekly changing themed activities
Play, Craft, and Laughter



Healthy snack for the children and a cuppa for the adults included

Sing a long and calming story circle time with NVQ qualified member of our pre-school team...a chance to meet each other.



First Session Free - you will soon feel very welcome!
All children must be accompanied by a parent or carer.



We would like to invite you to join our friendly village pre-school

What can we offer?

Qualified, caring and experienced staff
Excellent facilities and equipment
Good OFSTED report including 5 areas of outstanding.

For children aged 2½ to 5
Funded places for eligible 2 and 3 year olds and all 4 year olds.

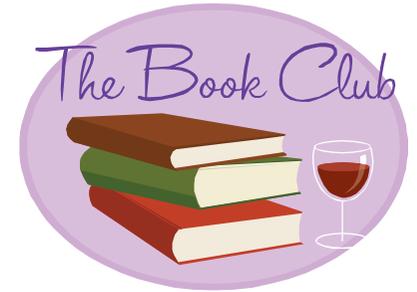
Opening hours

Monday to Thursday: 9:15 am to 3:00 pm

Fridays: 9:15 am to 12:30 pm

For further details, please contact
Delia Prior (pre-school leader) on
Mobile 07513 140072

Book Club report



Thames: Sacred River by Peter Ackroyd – it's a book and a TV series and a difficult read. Not one of those books you dive into at the beginning and re-surface at the end having been completely transported to another world. More like a reference book that you look into when you are visiting somewhere along the Thames and you want to know more about where you are going. Suffice to say I think we all struggled with it which meant we had the shortest book discussion in the history of the club.

Sadly the book covered every conceivable way you could possibly look at the Thames (its history, its art, its people etc etc) but without invoking any of its beauty. I used to live not far from the Thames, so I have beautiful memories of swimming there, walking along the towpath and finding secret 'beaches' you could paddle on, spending time just staring out at the water as it poured through the weir. But 'Thames' did not reflect any of my thoughts or feelings about the river.

But despite this, we kept ourselves amused by eating Mary Berry inspired goodies cooked by Roger our host, telling jokes about unequal mammary glands (sorry I can't repeat it as I am useless at remembering jokes) and planning our next meeting. We are going to read 'The Shipping News' by E. Annie Proulx, another wizard 'read the book and watch the film' event.

Annya Stoddart

Stowmarket Chorale Summer Concert

Tickets are now on sale for Stowmarket Chorale's summer concert.

The programme is John Rutter's lovely Requiem and his less-known arrangement of folk-songs entitled The Sprig of Thyme. Soprano Angela Hicks is the soloist, William Baldry accompanies on the piano, and Leslie Olive conducts.

The concert takes place on Saturday 18 July in the United Reformed Church, Stowmarket at 7.30pm.

Tickets costing £14 , £7 for under 18s, are available from Stowmarket Tourist Information, chorale members, or online at www.stowmarketchorale.org.uk.



The Buxhall Crown
FREEHOUSE • RESTAURANT

Here at the Buxhall Crown we pride ourselves on only using the freshest ingredients possible for our menu, our deliveries are daily and all our food is cooked for you when you order. This ensures you get your food just how you want it. Every thing possible is made on the premises from Craig's delicious sticky toffee ice cream to our apple-smoked pork belly.

On Sundays we also offer a roast rump of mature British beef along with our usual menu. This proves to be very popular so be sure to reserve the beef when you book your table.

As usual a warm welcome is guaranteed to eaters, drinkers and dogs.

To avoid disappointment please call ahead to book a table on 01449 736521.

See our website for more information and for our daily menu:
www.thebuxhallcrown.co.uk e-mail: mail@thebuxhallcrown.co.uk



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Continued...

We were very pleased to be able to donate **£300** to Great. Finborough Primary School towards the purchase of new books and **£500** towards a storage unit for storing equipment at the Village Hall. We also sponsored the main prize of **£50** at Bangers, Beans & Bingo and provided the refreshments at the 'Christmas Community Celebration'.

The Buxhall Community Council is keen to promote events not only to raise funds for village needs, but also by giving something back to the community – in order to promote community spirit within our beautiful village. At the moment we are struggling to motivate people to take part in our events which is very disappointing. We **need** your views and feedback in order to plan for the future.

We welcome you to our AGM meeting on Thursday 18 June 2015, 7.00pm at Buxhall Village Hall.

The committee is up for re-election on Thursday 18 June 2015. If you would like to stand for election or nominate someone, please complete the nomination paper below and forward it to Julie Hartley, as stated. Many thanks. Unfortunately I have to stand down as Chairperson due to work commitments, so BCC will definitely be in need of a Chairperson!

Many thanks once again,

Graham Mitchell-Rowlands, Chairperson, Buxhall Community Council.

**Buxhall & District Community Council:
Nomination Paper for Executive Committee.**

Nominations should be delivered to Julie Hartley, 2 Drive Cottages, Buxhall, IP14 3DR (737929) **before** the AGM, 18 June 2015 at 7.00pm.

I would like to nominate.....
as a candidate for election to the Executive Committee of Buxhall & District Community Council

Signed by nominating person:

.....Date.....

I am willing to stand as a candidate for election to the Executive Committee of Buxhall & District Community Council.

Signed by nominated person:

.....Date.....

Annual Report of Buxhall Community Council

July 2014—June 2015

The Buxhall Community Council continues to thrive in the village and I thank the committee for all their hard work throughout the year. I would also like to take this opportunity to thank all of you who **have** supported our events.

Several of the Buxhall Community Council committee also helped at other events in August 2014, whether it was fetching and carrying exhibition boards for the WW1 Centenary displays or by helping out at the Church Fete in some way or another.

The traditional Produce Show in August went ahead as usual but it was quite noticeable that numbers were down from previous years. A lot of hard work goes into the organising of such event and if numbers continue to dwindle, the 'Produce Show' could be a thing of the past! **(It's up to you – if you don't support it, you will lose it!)** Mr Hubert Mitson used his auctioneering skills to sell off all the produce for which we were very thankful.

The Firework Display on 8 November was well attended with the BBQ being a sell out! The food (purchased from Grange Farm Butchers) is of a very high standard. We would like to take this opportunity to say a huge thank you to Robert Tomlinson for the use of his premises, Damien Nunn for helping with the setting up of the fireworks and to members of the church for all their assistance.

On 13 December 2014 we held a 'Christmas Community Celebration' at Fasbourn Hall, courtesy of Nicky and Clive Fisher. The Salvation Army Songsters came to sing carols for us, sausage rolls, mulled wine and mince pies warmed us up together with the heat from the roaring log fire and of course Father Christmas found time in his busy schedule to pay us a visit! A great time was had by all. **An amazing £327.30 was donated to the Salvation Army.**

The Bangers, Beans and Bingo held on 27 February 2015 exceeded expectations in numbers. Excellent cash prizes seem to be a good incentive to attend together with the excellent value for money meal.

'Plodders & Ploughman's' went ahead on 10 May 2015 even though only a few were in attendance.

Future events

- Produce Show, 29 August 2015
- Bangers, Beans & Bingo (date tbc) September/October 2015
- Firework Display (date tbc) November 2015
- Christmas Community Celebration (date tbc) December 2015

St George's Day surprise

for youngsters of Great Finborough Church Primary School



On 21st April 2015 Year 5 children of Great Finborough Church Primary School were privileged to visit a primary school in Brent, Oakington Manor School, as part of the curriculum to learn about how a city school differs from a village school. As part of this school trip arrangements were made for the children to visit Wembley Stadium. I am sure, like most parents on the morning of the trip, getting your child to school for 06.30am was a challenge but to also try to sensitively explain to my son who loves football that the chances of him meeting 'someone famous' was fairly slim. However, he convinced me that he might and that he needed his England football shirt 'just in case'.

The children of both schools participated in applying their artistic flare to making St George's Day themed posters in the Learning Zone at Wembley Stadium when the England Manager, Roy Hodgson and Vice-captain, Gary Cahill (Chelsea star) made a surprise visit to the Learning Zone. After signing autographs and posing for photographs with the children, posters were hand-picked by the stars before sitting down for a Q&A session with the children.

What an amazing day for the children who came home with smiles from ear to ear and celebrity signed school and football shirts. Thank you to Mr Dodd (Head Teacher) and his team for your efforts in making this an unforgettable day in our children's lives.

If you would like to see for yourself just how excited the children were when the celebrities entered the Learning Zone please take a few minutes and check out our little stars in the photographs and in the videos on the FA website and YouTube.

<http://www.thefa.com/news/england/2015/apr/roy-hodgson-and-gary-cahill-surprise-youngsters-at-wembley-230415>

<http://www.youtube.com/watch?v=0-qYqHMaxZg>

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www.landarmydesigns.co.uk

For an instant garden try “Bed in a Box”

www.bedinabox.net

RATTLESDEN & DISTRICT VILLAGE SHOP & POST OFFICE

NOTICE IS HEREBY GIVEN OF OUR AGM to be held at Rattlesden Village Hall on Wednesday, 17 June 7.30pm.

Please come and join us to hear how your shop is run, and help us plan for the future. Wine and light refreshments will be served, and there will be an informal discussion after the meeting where we welcome an exchange of ideas.

We need to find more Community-minded volunteers to serve in the shop either for a couple of hours each week, or on a relief basis, or to help with stocking the shop. If anyone can spare a couple of hours occasionally, please contact Camilla Keeling 01449 737118.

Don't forget to checkout our range of local produce, or pop in if you've run out of the essentials like bread, milk or local free-range eggs.

Fresh fish on Fridays at 2.45pm.

Post Office services include cash/foreign currency/home-shopping returns/dry-cleaning/shoe repairs.

Shop opens 9am—5pm daily, 9am—1pm Saturdays (01449 736199)

P.O. 9am – 1pm daily, 9am – 12.30pm Saturdays (01449 736197)

Neighbourhood Watch news

NS&I bogus website

Action Fraud recently highlighted a potential scam where fraudsters set up a bogus website claiming to be the official site of National Savings & Investments (NS&I) offering them the chance to invest in 65+ Bonds (also known as Pensioner Bonds).

Members of the public who search for the official website via internet search engines may be directed to the fake one which then asks them to supply contact information. Victims then receive a follow up e-mail and/or phone call from the fraudsters who are requesting evidence of identity documents and bank account details either over the phone or by sending the victims fake forms to fill out. A common name that appears on the emails sent by the fraudsters is 'Kevin Archer'.

Suffolk Police have been contacted by Williams Farrall Woodward (WFW) a regulated financial advice business in Ipswich to ask that we clarify that the Kevin Archer employed by them is authorised by the Financial Conduct Authority to invest clients' money and is no way involved in the scam highlighted by Action Fraud at <http://www.actionfraud.police.uk/news/alert-cloned-national-savings-and-investments-website-is-offering-investments-mar15>

Protect yourself:

- Do not pass personal or banking information to companies that cold call you.
- Please note that the only domain name (website address) that is legitimate is www.nsandi.com
- NS&I do not make sales calls to potential customers (cold calls).
- We strongly advise you to only deal with financial services firms that are authorised and registered by the Financial Conduct Authority (FCA). Visit www.fca.org.uk for more information on registered firms and how to protect yourself from financial scams.

If you have been a victim of fraud or suspect a company of fraud please contact Action Fraud on 0300 123 2040

If you have details about any crimes, then please contact your local Police Station, or call Crimestoppers on 0800 555 111.

Safer Neighbourhoods: 'See It, Hear It, Report It'

Detectives are appealing to communities to help them put an end to a series of 80 burglaries across Suffolk and south Norfolk by launching the 'See it, Hear it, Report it' campaign. The campaign is supported by a couple from a village near Bury St Edmunds who were victims of a burglary at the start of this year and have spoken about the effect it had on them.

Operation Domain was launched by Suffolk Constabulary in response to the break-ins, which currently number 68 in Suffolk dating back to November 2014. These have taken place predominantly in the Babergh and Mid Suffolk districts. The burglaries are linked by police due to the similarities in their nature and forensic evidence that has been obtained from the crime scenes. The typical features of these break-ins is that they occur in rural areas, usually in the afternoon or early evening, involve forced entry to the property and with jewellery the main target for the criminals. Although officers are following a number of leads in pursuit of the burglars, police are appealing for local communities to be on the look-out for any suspicious behaviour in their villages and not to disregard persons or vehicles that appear unusual or out of place.

As the majority of the burglaries in this series involve houses being entered by force rather than because of insecurities, detectives are asking people to be their 'eyes and ears' and help catch those responsible for these crimes. The 'See it, Hear it, Report it' campaign runs alongside the well-known burglary prevention message 'Close it, Lock it, Check it', but places an extra emphasis on the importance of community intelligence in providing crucial leads to apprehend the offenders. For more information visit www.suffolk.police.uk

Horse Watch Volunteers

Suffolk Constabulary is launching a Police Service Volunteer Horse-watch Scheme. We are looking for volunteers who own horses to wear Police Support Volunteer tabards whilst out and about. The volunteers will not be required to undertake anything more than a visible deterrent on horseback reporting crimes/Anti-Social Behaviour if they either witness them or have them reported to them directly. A Suffolk Horse Watch Police Support Volunteer can offer help and support in a number of ways. For example:

- To help Suffolk Police in reducing crime by promoting security and increasing crime prevention awareness across rural communities.
- To help detect crime by promoting effective communication and the prompt reporting of suspicious and criminal activity in rural areas.
- To identify hot-spot areas for signal crimes, anti-social behaviour and animal related offences and report these to police.

If you are interested in volunteering, please feel free to contact the Safer Neighbourhood Team. **PC 421 Annelly Miles, PCSO 3225 Ryan Brunning**

Table Tennis at Onehouse Church Room

Table Tennis continues in the Church Room, Onehouse on Thursdays, 7.30-9.30pm

11 and 25 June • 9, 23 and 30 July

£2 / session including refreshments

Derek Ames (Tel. 613328)



And more from the Churches

Many of you will remember **Canon Darlington** and his wife Emilia from Kagera in Tanzania staying with us for a month a few years ago. I remember the party at Rectory Bungalow and the Swahili translation of the food for Emilia, as well as Darlington's charm and amazement at our lives. Darlington is back for the enthronement of Bishop Martin and the Deanery is arranging a special **Kagera Evensong** at Holy Trinity Stowupland on **Sunday 14 June at 6.30pm**. You are all invited.

On 10 May we welcomed Archdeacon David to Combs to recommission Joy and Ann as Elders and commission Irene Leech. It was a memorable occasion, helped by the fact that we heard the day before that we can once again ring the church bell and the choir was in particularly good voice. Thank you to our musicians especially Danny and Shirli as well as those who organised the lunch.

Please support your **Churchwardens** at their Licensing service at St Mary's, Buxhall on Tuesday 9 June at 7.30pm. They will appreciate it.

We are fortunate to have two church choirs. Traditional and robed singing in four part harmony, Buxhall continues a long tradition, whilst Combs' is newer, not robed and sings less traditional music. You would be most welcome on Monday evening at Buxhall (Angela Pead on 674754) or Thursday at Combs (Wendy Childs 673280) if you even have a vague interest. A music group is at Combs and Onehouse, please let me know if you would like to be involved

Finally **5 July** sees our regular trip to a tent at **Harleston**. Most of the congregations have agreed to go that morning for Bucks Fizz, bacon rolls, coffee etc and a good sing accompanied by the Gisingham Silver Band. I hope you can all make it.

The Revd Chris Childs



Buxhall & Shelland Fête

Copinger Hall, Buxhall

Saturday 1st August

2:00-5:30pm

Returning by popular request ...

The Lowestoft Dog Agility Display Team

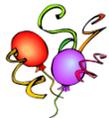
NEW THIS YEAR

*Children's Carousel, Steam Traction Engine and
Ride-on Mini Train*

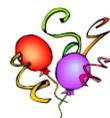
PLUS

*All the fun of the Fête including classic cars, tombola,
refreshments, games, stalls & sideshows for all the family*

DON'T MISS IT!



Free Admission



Great Finborough and District Garden Club

They say that gardeners are never satisfied but none of us could complain at the weather we have been having of late; the mixture of sunshine and showers combined with the warmer temperatures has been just perfect for the garden.

The AGM, Bring and Buy Plant Sale and Social on was held on 14 May and attended by 25 members of the club. Many thanks to all of you who turned out on such a wet night. There was a wonderful selection of plants and seedlings to choose from and a choice of delicious home-made cakes to go with our coffee.

The business part of the meeting progressed smoothly and the Treasurer revealed that we had been able to donate £1180 to St Andrew's church as a result of Open Gardens and the profit from the purchase of bird seed, as well as series of smaller donations to deserving projects around the village. The meeting also confirmed that St Andrew's Church will be the recipient of the funds raised by Open Gardens 2015.

Open Gardens will be held on Sunday 5 July from 12.30 - 5.30pm. The programme has almost been finalised, however, anyone interested in allowing us to include their garden - it does not have to be large - should let Mary Smyth know. Those opening their gardens will receive an invitation to an exclusive and select Garden BBQ, provided by the committee "on the President's Lawn" on 4 July.

The event following Open Gardens will be the club Summer Social and BBQ. This will be on 30 July from 7pm. Full details to follow.

Members are reminded that annual subscriptions are now due. Thank you.

Finally, if you are interested in joining the garden club or would like to join us for any event you will be very welcome. Membership is only £15 per household per year. For further information contact either: John Davey; john@abbeyclassics.co.uk on 674401 or Judith Cameron; judyandian@btinternet.com on 672978.

WILD BIRD SEED

The next order will be placed on 12 June and will be available for collection from Abbey Farm Cottage, Finborough by about Wednesday 17 June . If you would like to place an order please let me have your requirements with a cheque to "Great Finborough Garden Club"; it is also essential I have your telephone number so that you can be advised when the seed is ready for collection. Orders may be posted or dropped off at Abbey Farm Cottage, IP14 3AU, or, if more convenient, to 1 Valley Lane or 8 High Road and must be received by Wednesday 10 June. The next seed order will be in August.

Thank you, John Davey

Product	Weight	Price
Wild Bird Mix	20 kg	£9.50
Wild Bird Mix—Premium	20 kg	£11.50
Wild Bird Mix—no wheat	20 kg	£13.50
Wild Bird Mix— NEW high energy	12.75 kg	£12.00
Wild Bird Mix—no mess	15 kg	£14.50
Wild Bird Mix—Robin & Songbird	12.75 kg	£13.00
Finch Mix (no corn)	20 kg	£11.50
Mixed Corn	20 kg	£8.00
SUPER Poultry Mix	20 kg	£9.00
Peanuts (superior quality)	25 kg	£26.50
Peanuts (half sack)	12.5 kg approx	£14.00
Black Sunflower Seed	15 kg	£11.50
Sunflower Kernels	20 kg	£22.50
Sunflower Kernels (half sack)	10 kg approx	£12.00
Nyger Seed	20 kg	£19.00
Nyger Seed (half sack)	10 kg approx	£10.50
Fat Balls (any quantity)		11p each
Dried mealworms	1 kg	£11.00

Buxhall and Shelland Fête – Tea Tent



Just a reminder that we would love you to bake us a cake for the **Tea Tent at the Buxhall & Shelland Fête on 1 August**. Large & small cakes – iced or not – are welcome, as are biscuits and savouries.



We depend on everyone's hard work and generous contributions to make the Tea Tent a success, so please do support us again this year!

Thank you all so much!

Chris Hart-Davies

Michael Green

Michael has been back in the UK since the end of 2014. He has been speaking in various parts of this country about his hospital work in Jordan. A Syrian refugee camp has become Jordan's fifth largest city.

The final part of Michael's stay in the UK during the end of May was spent in this part of Suffolk. During the early days of June Michael will be packing his things ready to fly back to Jordan on 6 June.

Derek Ames

Onehouse Ramblers

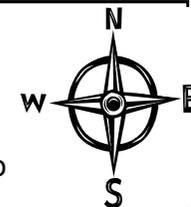
A walk to Granary Crafts, Buxhall

Meet in Onehouse Church Room car park at 2.30pm on Sunday 28 June for a walk of about 4 miles. There are also good footpath walks from Buxhall and Great Finborough.

Granary Crafts consists of a delightful teashop with delicious cakes and a shop with many handmade gifts.

The adjacent Museum contains a fascinating collection of memorabilia - a must for all those wanting to reminisce about the past.

Derek Ames (613328)





You are warmly invited to our

PAMPERED CHEF

Fundraising cooking show

on Tuesday 30 June

at **Boys Brigade Hall, Combs Lane**

7.15pm for a 7.30pm start

Raising funds for Boys Brigade Back Hall

£3 per ticket

to include first drink and free raffle entry

*Drinks & nibbles, recipe demo, food tasters & raffle!
All welcome! Friends, family, neighbours, husbands, wives!*

- See a **live recipe demonstration** by Jenny Brown, Independent Consultant with The Pampered Chef
- Sample the delicious results – and try out some innovative kitchen tools
- **Relax and have fun** with friends - **everyone welcome!**
- Indulge in some top quality tableware, china, glass, cookware and kitchen utensils whilst supporting our cause - **stress-free shopping and great ideas for presents!**
- Help us to raise additional money by **booking your own Pampered Chef Show** for you and your friends (the Pampered Chef will automatically donate £2.50 for every show booked)

For more information

Please contact Sarah Chapman on 01449 770390

A new way to relax your mind

Sometimes, we just need to slow down, and stop. Find peace in our crazy, hectic lives... This approach to living is important to me and for many of my patients too. So much so that I've just launched a new business – Wisdom Mind – to complement my acupuncture service. All very exciting!

Find moments of calm

Through Wisdom Mind, I teach clients how to use meditation to feel calmer. Perhaps it's something you've wondered about?

Meditation is all about slowing down your mind, preventing those racing thoughts and worries from taking over your head!

Instead, when you meditate you can experience the most wonderful sense of calm. And of course, when you feel calmer, your mind is clearer. A calmer mind gives you more energy and helps you sleep better.

Don't worry, we won't be using gongs, bells or chanting! We will just be using the simple technique of paying attention to our senses of touch, smell, sound and vision.

Join me in the beautiful setting of Fasbourn Hall in Buxhall to enjoy the truly relaxing benefits of meditation.

Meditation mini retreat on June 20 10am – 1pm. £30

Please book by simply emailing me on annya@annya-stoddart.co.uk or give me a call on 07841 203 412.



Calm your mind.....

Relax your body....

At Fasbourn Hall, Buxhall.

Come & join me to learn the gentle art of

meditation on

20 June 10am – 1pm. £30.

Book by emailing

annya@annya-stoddart.co.uk

or call 07841 203 412.

www.wisdom-mind.co.uk

Knitting Club at Rosie Lee's Café!!!

Next to the newsagents in Great Finborough



Do you enjoy knitting & would like to meet new friends? If so, come along with your knitting to Rosie Lee's Café on Wednesday 9 June at 2pm & fortnightly thereafter.

Tea/Coffee, homemade cakes & hot & cold snacks available!

Scrabble Club at Rosie Lee's Café!!!

Do you enjoy playing scrabble? We are looking for scrabblers to join us at Rosie Lee's Café on Tuesday 8 June at 2pm & fortnightly thereafter.



If you would like more information on either of these clubs, please call Leesa on 01449 674869 or Facebook Rosie Lee's Café.

Let me keep a thankful heart

I've loved and lost,
I've loved and won,
I've had my moments in the sun,
I've danced upon the morning dew,
I've had my share of rain-clouds too.
Good days and bad, they come, they depart:
Lord, let me keep a thankful heart.

I've had some sugar in life's cup of tea,
sweet love and leisure as my company.
But I've had some lemons, oh, I've been hurt,
knocked by life's demons, my face in the dirt
but Lord, through it all you never depart
so Lord, let me keep a thankful heart.

I've been the bird in the cloudless sky,
I've been the broken butterfly.
My cup of joy has been full, over-flowing -
it's also been shattered, empty, alone.
Lord, your compassion mends every part
so Lord, let me keep a thankful heart.

I've known a hug, a cuddle and kiss,
I've heard the music of life's sweeter bliss,
I've cried the tears of the broken too.
Disappointments and fears, I've had a few,
but the bitter reveals the sweet inner part
so Lord, let me keep a thankful heart.

Janet Martin

Men's Breakfast

Saturday 13 June

in the Church Room, Onehouse

8.00—9.30am

Speaker: The Revd Chris Childs
"What I do as a Vicar!"

There will be an offering to cover expenses

Please book places with Derek Ames (613328) by
Wednesday 10 June indicating continental or traditional breakfast.



NEVES SOFT FURNISHING

Offering a wide range of Soft Furnishings

Services include made to measure
Curtains with a range of headings,
Roman Blinds, Cushions & Alterations

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Coming soon - Soft Furnishing & Dress Making
Tuition

For further information please contact:
Amanda on 07947 323028

We are happy to source or use customer's own fabric.

Buxhall Community Council



Needs You!

Annual General Meeting

Thursday 18 June 2015, 7.00pm
Buxhall Village Hall

Parish Supper

The Parish supper raised over £500 for church funds and many, many thanks to all those who helped in so many ways including setting up the hall, laying the tables, cooking so many delicious dishes, serving the food, washing up, selling raffle tickets, donating prizes, buying the tickets, and to everyone who came !

Many thanks,
Georgia

Swing into Summer

Make this your year to flourish with one of the UK's leading weight loss programmes — Cambridge Weight Plan.
Your Cambridge Consultant will give you a gentle push, based on their personal experience of losing weight with Cambridge.

Your Independent Cambridge Consultant:
Val Lord

Contact me for more information
Tel: 01449 737113
Mob: 07519 177645
E-mail: val.lord@tiscali.co.uk
f www.facebook.com/val.lord/cwp

Cambridge
Weight Plan
Real people, real support, real results.



Table Sale

Following the refurbishment of the Village Hall, it has been decided to run a Table-top Sale of collectibles and bric-a-brac on

Saturday 27 June
10.00am—3.00pm in the Hall.

The charge would be £5 per table.

Light refreshments will be available.

If you are interested in taking a table, please contact Jill on 737814.

